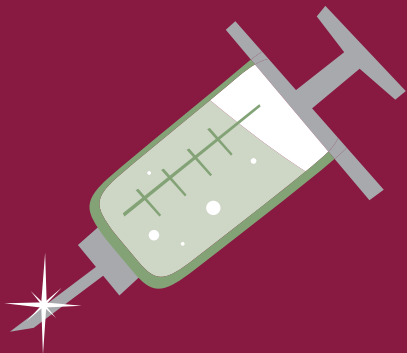




Immunization is good for your baby and good for you too. Adults need protection against some diseases and illness too - like the flu. Needles can be scary but by breastfeeding or holding your baby and child during vaccines it can help with the pain and fear they may experience.

Check out the following links for more information about pain reduction during vaccines or other painful procedures for your child throughout their life.

<https://immunize.ca/pain-management-children>  
<https://www.cheo.on.ca/en/clinics-services-programs/be-sweet-to-babies.aspx>



## Immunization Schedule

Age	Vaccinations
2 months	DTaP, Hib, Polio, PCV, ROT-1
4 months	DTaP, Hib, Polio, PCV, ROT-1
6 months	DTaP, Hib, Polio
12 months	MMR, Men-C, PCV
15 months	Varicella
18 months	DTaP, Hib, Polio

## Definitions

**DTaP:** protects against diphtheria, tetanus and whooping cough

**Hib:** protects against Haemophilus influenza – serious ear & throat

**Men-C:** protects against meningitis a serious brain infection

**MMR:** protects against measles, mumps and German measles

**PCV:** protects against pneumococcal lung infections

**ROT-1:** protects against rotavirus, given by mouth

**Polio:** protects against polio

**Varicella:** protects against chickenpox

### Sources:

[https://www.health.gov.on.ca/en/pro/programs/immunization/docs/immunization\\_poster\\_lifespan.pdf](https://www.health.gov.on.ca/en/pro/programs/immunization/docs/immunization_poster_lifespan.pdf)

<https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html>

Revised in 2024



SIoux LOOKOUT  
**Meno Ya Win**  
 HEALTH CENTRE

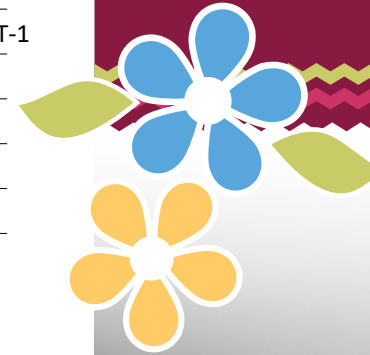


P.O. Box 909, Sioux Lookout, ON P8T 1B4  
 Tel: (807) 737-3030 • Fax: (807) 737-5127




Visit us at [www.slmhc.on.ca](http://www.slmhc.on.ca)

# Immunization

*Protect your baby's health!*



Healthy Choices  for Healthy Babies

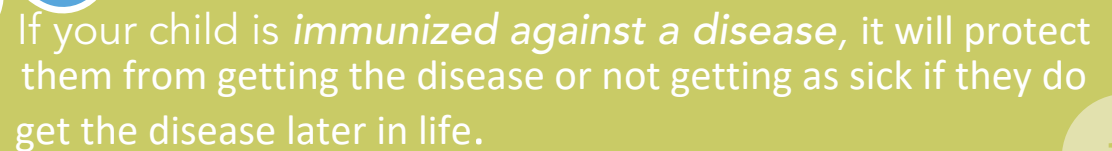


## What is an immunization card?

An immunization card is a written record of the vaccinations (needles) your baby gets. Your doctor or nurse will fill it out for you so you have a record of all the vaccinations. You will need this to register your child for day care or school.

Keep your child's vaccination card in a safe place so that you know when to take your baby to the health centre for his next set of vaccinations.

Most vaccinations are **FREE**.



If your child is *immunized against a disease*, it will protect them from getting the disease or not getting as sick if they do get the disease later in life.

### What is it?

Immunizations are a safe way to prevent children and adults from developing or catching serious illnesses and diseases. A nurse or doctor will give your baby a vaccine to help their body fight off illnesses or diseases in the future. Vaccines are usually given by a needle, but sometimes they are given by mouth.

### What is a vaccine?

Vaccines are a tool that works with the body's natural defenses to protect us against diseases without the risk that comes from getting the diseases. The vaccine is part of the bacteria or virus that causes a disease and it's very weak. Some vaccines prevent one type of disease or illness, and others protect against more than one. Vaccines can also be one time and protect you for life, while others require extra booster doses to continue providing protection. This is why your baby, and you sometimes will need more than one needle.



### Protect your baby from:

Chicken Pox, Flu, Hepatitis B, Lockjaw, Measles, Mumps, Whooping Cough and many more illnesses and diseases.

### How immunization works.

1. A baby is given a vaccine for a disease (like polio).
2. Their body learns to fight against the vaccine.
3. Because the vaccine is very weak, your baby's body stays healthy and learns how to stop the disease if they are exposed to it again in the future.
4. If your child comes into contact with the disease later in life, their body will fight against it and not get sick.

