

Excellence Every Time

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2022/2023 ANNUAL REPORT

TO OUR STAKEHOLDERS

MESSAGE FROM THE PRESIDENT AND CEO

The past year has seen unprecedented health human resources shortages. Most departments have been working shortstaffed and extra hours, in order to provide services.

We owe all our staff, and physicians, a great deal of gratitude for your exceptional work and dedication to our patients. Your service has not gone unnoticed or unappreciated.

The COVID-19 pandemic has added to the workload and stressors for our staff. We are starting to turn the corner and seeing mandates suspended, as we begin to return to the pre-pandemic status.

Our thanks also extend to our partners, stakeholders, funders, and the communities we serve.

While we have received an allocation and operating dollars for an MRI, there is still work to be done to raise the capital. The hospital foundation will be instrumental in this project, and we are very appreciative for all their work, which has provided the hospital with vital equipment over the years.

Our new renovation in the Emergency

Department is nearing completion, which will enhance care for patients presenting with mental health needs. Enhancing our services, such as mental health and traditional programs, is of the upmost importance moving forward.

SLMHC is now part of the Kiiwetinoong Healing Waters Ontario Health Team, and we look forward to working with all the partners involved.

SLMHC is dedicated to strengthening relationships, and communication, with the communities we serve.



MESSAGE FROM THE CHIEF OF STAFF

As I reflect back on this year, I see another year with numerous challenges and transitions, but also a year of tremendous teamwork and resiliency.

Our physician and nursing staffing shortages have continued to mean significant pressures to maintain full services at SLMHC. The efforts and sacrifices made by our local physicians and staff to keep the doors open is herculean. And although rebuilding a workplace is slow and painstaking work, we are starting to see this investment pay off.

The number of locums onboarded to the hospital continues to explode. We see new locum physicians visiting and returning and often going on to sign contracts on a regular basis. Working closely with SLRPSI (Sioux Lookout Regional Physicians' Services Inc.) we continue to recruit, orientate and provide mentorship to many new physicians in the hospital.

Over this last year, we have also had the opportunity to provide rotations for internal medicine, pediatrics, emergency medicine and psychiatry residents in their final years of residency training. Many of these young physicians have expressed interest in returning to the Sioux Lookout region to practice in future years, which is very promising, as we look to expand specialist in-house services. In the meantime, these residents have provided valuable support to our local physicians and care to our patients.

Throughout this, we continue to strive to improve quality of care processes at the hospital, to partner and collaborate with our valued stakeholders, and also to be leaders and advocate on behalf of healthcare in this region. Often this has meant conversations with the media and policy-makers.

To end, I want to share my gratitude to "the team". I think of the magnificent Redwood trees of the Pacific coast, the tallest living organisms on the planet. These giants can grow to over 350 feet tall and live up to 2,000 years or more. Not only do they have such awe-inspiring growth, but they are also highly resilient to disease, fire, and storms.

What is the secret to this growth and resiliency? The answer lies in the relationship of the trees to each other. The roots of the Redwoods spread out wide and intertwine with the roots of their neighboring trees. It is the "community interconnection" that supports their massive growth.

The last several years have demonstrated this principle to me. It is the collective team effort at SLMHC - which includes all staff, management, physicians, patients, family members – that has allowed SLMHC to weather some difficult days and yet continue to grow and move forward.

Thank you all for "holding on" to one another and getting us through. It is a privilege and honour to be a member of this healthcare community.

Best, Dr. Laurel Laakso MD, CCFP



Staff Milestones

We want to thank and recognize the following staff who have hit a significant milestone **between April 1, 2022 and March 31, 2023**. Thank you to everyone for your continued dedication to SLMHC and Excellence Every Time.

3 Years

Carmen Brailsford Alexander Nemec-Bakk Arianna Kitching Mackenzie Pettit Tristen Bouchard Gloria Elena Tianna Masotti Kassandra McIntyre Jordyn Luomala Aseeb Merin Mangala Jamie Bascom Brian St. Pierre Leonard Lichty Athena Hau Virgilio Galivo Gina Estep Nicholas Smith Judy Belmore Kim Likely Desiree Tait Samantha M. Favot Cherish Reid Ashley Finlayson

5 Years

Amber DeRaaf Rebecca Thompson Shaelyn Beaulne Kelsey Nolan Josephine Turtle Coral Dalzell Chelsea Young Susan Burnard Ramona Quequish-Baas Marco Domondon Shayne Anderson Haylei Diston

10 Years

Michelle Turner Kimberly Belmore Taylor Anderson Heather Lee Laurence Hay Kyra Myshall Jordyn Rosiak Jadelyn Beaulne

15 Years

Carina Lopena Samantha Brooks Marcie Vescio Melody Luteria

20 Years

Renee Southwind Daleann Brinkman Myra Quequish Michelle Beaulne David Hildebrand **25 Years** Erin Belmore

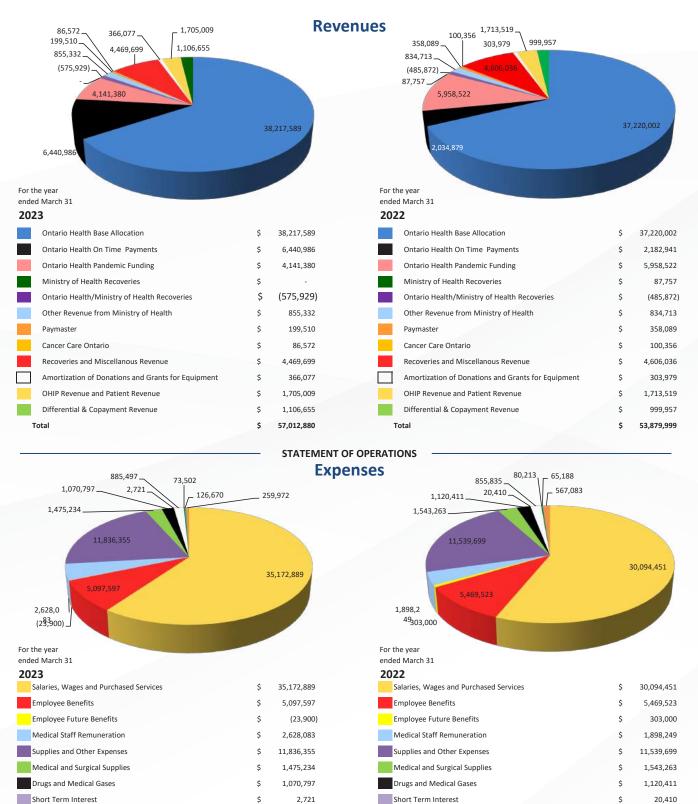
30 Years Ghislain Brunea

Ghislain Bruneau

35 Years Mary Carson

Retired

Sean MacEachern Mikail Woychyshyn Lori Donnelly Margaret Kimball Tee Flemming Debbie Woychyshyn



Audited financial statements for the year ended March 31, 2023 are available on our website at www.slmhc.on.ca

Equipment Amortization

Rental/Lease of Equipment

Excess of Revenue over Expenses

from Hospital Operations

Software Amortization

Bad Debts

Total

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Ś

\$

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\$

\$

885.497

73.502

126,670

259,972

58,605,417

(1,592,537)

Equipment Amortization

Software Amortization

Bad Debts

Total

Rental/Lease of Eugipment

Excess of Revenue over Expenses

from Hospital Operations

Ś

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\$

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\$

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855,835

80.213

65,188

567,083

322,674

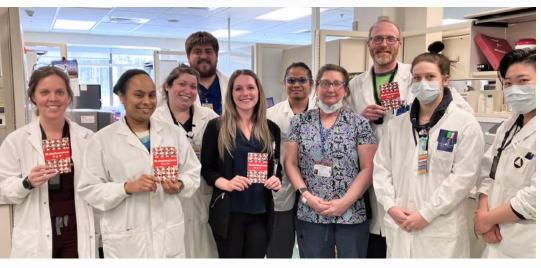
53,557,325

20222/2023 | SLMHC at a Glance

Sioux Lookout Meno Ya Win Health Centre delivers its first newborn of 2023!

Frenchman's Head residents Kasha Kakekagumick and Alex Southwind welcomed the arrival of their son Kreeo Southwind-Kakekagumick on January 5 at 2:52 p.m.





Every April, SLMHC celebrates our dedicated Laboratory team during Lab Week! We are thankful for all they've done, and continue to do.



SLMHC staff celebrated and acknowledged Pride Month throughout June 2022, including our colour-coordinated Rehab team!



In February, SLMHC staff acknowledged Pink Shirt Day. Pink Shirt Day falls on the last Wednesday of February every year, where Pink Shirts are worn to signify the stand against bullying.





Green Shirt Day is April 7! Our staff wear green in support of organ donor awareness and registration across Canada. SLMHC held a special ceremony, followed by drumming and singing, acknowledging the National Day for Truth and Reconciliation on September 30







SLMHC celebrated the careers of long-time members of our team, who are dearly missed! Those celebrations included Tee Flemming (top left), Lori Donnelly (top right), and Margie Kimball (bottom).

By the Numbers | 2022-2023



2,267 Inpatient admissions



271 Full-Time Employees

149 Part-time & Casual Employees

167 New Hires



199,310 Specimens Processed in our Laboratory



858 Mammography Screenings

99,216 Outpatient visits



A special thank you to Skip to Equip Classic and the Sioux Lookout Meno Ya Win Health Centre Foundation! Their generous support led to a new ultrasound machine that our Diagnostic Imaging team has been using to make quicker, better, and closer-to-home diagnoses!

It was a pleasure to give guests from Eagle Lake First Nation a tour of our facilities

From left: Dean Osmond (President and CEO of SLMHC), Isabel Pitchenese, Nikki Adams, Lloyd Napish, and Cynthia Dwyer (Chief Nursing Executive at SLMHC).





A special thank you to Don Ningewance! He curated a beautiful painting, that depicts the tree of life, for our Maternity Department. There are sacred teachings related to the birth of a child. Apikweshimon (the placenta) acts as a safety pillow from harsh movement, and is a lifeline between mother and baby. The placenta is very sacred in the birth process, and is handled with utmost respect and care after the birth of a child.





289 Babies Born at SLMHC



Message from the **SLMHC FOUNDATION**

The Sioux Lookout Meno Ya Win Health Centre Foundation is pleased to announce that the Skip to Equip Event raised \$95,000.00 in the fall of 2022. We can't thank the committee members, participants, sponsors and donors enough for their continued support and commitment to health care for the North. This is our largest fundraiser of the year as well as a great community event.

The online 50/50 raffle continues to generate much needed funds, and we are grateful to everyone across the province who purchase tickets and supports the Foundation. Without your support we would not be able to continue to purchase much needed equipment for our hospital.

We are profoundly grateful to the many donors who contribute through the year, be they individuals and families, local businesses and national corporations.

Christine Hoey, President

SLMHC Foundation Board of Directors

Christine Hoey, President/Chair Jackie Duhamel, Vice-President Anna Friesen, Secretary Rita Demetzer, Treasurer Catherine Beamish Tracey Bullock Terry J. Jewell Doug Lawrance Dean Osmond Douglas Semple Dr. Eric Touzin Monique Mousseau





Our monthly 50/50 charity draws continue to generate funds, and we are grateful to everyone who purchases tickets and supports the Foundation!

So far, the Foundation has raised over \$289,000 for our hospital!

Congrats to the winners of the prizes, as well as our early bird draw winners!

To find out more about the 50/50 draw and buy tickets, visit www.slmhc.on.ca/foundation



Values Statement

Compassion

We promise to provide care that is compassionate and reflects humility, caring, dignity, empathy and love.

Respect

We promise to be respectful and embrace honesty, integrity, humility, engagement, accountability, responsiveness and truth.

Quality

We promise to provide highquality, individualized care that is innovative, meets best practice standards and reflects our awareness of cultural safety.

Teamwork

We commit to working as a team and collaborating in care planning that involves the patient. We value leadership, wisdom and bravery.

Mission

Caring for People

Embracing Diversity

Respecting Different Pathways to Health

Vision

We will be a Centre of Excellence in First Nations and northern health care by working together to improve the health status of individuals, families and communities now and for generations to come.

Values

We value compassion, respect, quality and teamwork.