

Immunization is good for your baby and good for you too.

Adults need protection against some diseases and illnesses too – like the Flu. Even though you may be scared of needles, it's only a little pinch and you and your baby will be protected against diseases that can make you very sick.



#### Immunization Schedule

Age	Vaccinations
Newborn	BCG
2 months	DTaP, Hib, Polio, PCV
4 months	DTaP, Hib, Polio, PCV
6 months	DTaP, Hib, Polio, PCV
12 months	MMR, Men-C
15 months	PCV, Varicella
18 months	DTaP, Hib, Polio, MMR

#### **Definitions**

BCG: protects against tuberculosis – recommended for newborns living or travelling to reserves.

**DTaP:** protects against diphtheria, tetanus and whooping cough

Hib: protects against Haemophilus influenza – serious ear & throat

Men-C: protects against meningitis a serious brain infection

MMR: protects against measles, mumps and German measles

PCV: protects against pneumoccal lung infections

Polio: protects against polio

Varicella: protects against chickenpox







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Protect your baby's health!





# What is an immunization card?

An immunization card is a written record of the vaccinations (needles) your baby gets. Your doctor or nurse will fill it out for you so you have a record of all the vaccinations. You will need this to register your child for day care or school.

Keep your child's vaccination card in a safe place so that you know when to take your baby to the health centre for his next set of vaccinations.

Most vaccinations are FREE.



## What is it?

Immunization is a safe way to prevent children and adults from developing or catching serious illnesses and diseases. A doctor or nurse will give your baby a vaccine to help her body fight off getting sick.

## What is a vaccine?

A vaccine is a medicine given by a needle. The vaccine is a part of the bacteria that causes a disease and it is very weak. Each vaccine prevents one type of disease or illness, so your baby will need to sometimes have more than one needle.

# Why is it so important?

Because immunization protects your child from developing certain diseases now and when he grows up.

# Protect your baby.

Chicken Pox, Flu, Hepatitis B, Lockjaw, Measles, Mumps, Whooping Cough and many more illnesses and diseases.

### How immunization works.

- 1. A baby is given a vaccine for a disease (like polio).
- 2. Her body fights against the vaccine.
- 3. Because the vaccine is very weak, your baby's body stays healthy and learns how to stop the disease.
- 4. If your child comes into contact with the disease, her body will fight against it and not get sick.

