Cree Medical Dictionary

A Handbook for Health Care Providers

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Cree Medical Dictionary

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The cover image of the 8-pointed star, which has such powerful meaning for First Nations peoples, is embedded in the floor pattern of the central gathering space at Sioux Lookout Meno Ya Win Health Centre.

Image courtesy of Stantec Architecture Ltd. in association with Douglas Cardinal Architect Inc.

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DEDICATION

To All the First Nations peoples in the Sioux Lookout area

For your invaluable patience, waiting for your new hospital and improved health care, this medical dictionary is only a small part in the betterment of healthcare for all.

Also to

Roger Walker Former CEO and President Sioux Lookout Meno Ya Win Health Centre

For your determination and perseverance to develop a medical dictionary for the First Nations peoples in their own languages and for your love of the peoples you served during 2001 – 2009.

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Introduction to The Cree Medical Dictionary

Sioux Lookout Meno Ya Win Health Centre

Our care is based on recognizing the relationship of physical, emotional, mental and spiritual aspects of all people.

We are more than a hospital!

We provide culturally responsive acute, long term and ambulatory care, mental health and addiction services, community based and traditional healing services to the Sioux Lookout area and to the northern First Nations.

The Sioux Lookout Meno Ya Win Health Centre provides health services to the towns of Sioux Lookout, Pickle Lake, Savant Lake, Hudson, and the 28 northern First Nation communities north of Sioux Lookout, including Lac Seul First Nation. The 30,000 people living in these thirty-two communities are spread out over 385,000 square kilometers, approximately 1/3 of Ontario's land mass. 85% of the total service population is First Nation and this percentage continues to increase rapidly.

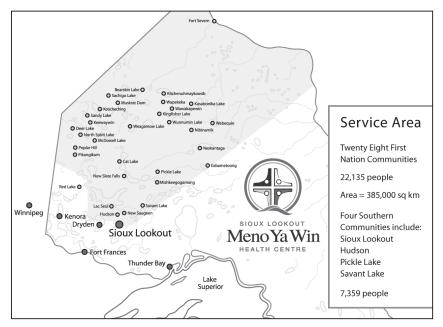
The Sioux Lookout Meno Ya Win Health Centre ensures a high standard of quality care by minimizing language barriers experienced by our clients and their families and thus, embarked on developing a standardized medical dictionary for all Health Care Providers to use that would help ensure a high quality of communications for clients and their families. The medical dictionary is an important element of patient safety and will empower clients to be able to make informed decisions about the health care they are receiving.

This project was aimed to improve cultural and linguistic services by focusing on the preservation of language and the development of a new medical dictionary to clearly communicate medical terminology. Many of the community Elders, who are the language keepers, are aging and we needed to ensure their participation by utilizing their knowledge. This project is not only about developing communication tools to utilize in a medical setting but we are also taking important steps towards preserving the linguistic integrity of the First Nation communities we serve. The use of elders to guide, inform, and support the project was consequently essential.

The Cree medical dictionary is comprehensive, has an up-to-date medical and transactional terminology and has illustrations where appropriate. It is intended to be a resource for interpreter/health care providers with client, and vice-versa; for health care provider to other health care providers/agencies. The medical dictionary will be widely circulated to other health care settings within the province of Ontario

and out of province where our clients are referred to for access to other health care services.

The one community within the Sioux Lookout MenoYa Win Health Centre service area where the Cree language is primarily spoken is: Fort Severn.



Background

A few excellent medical interpreter's handbooks were developed in the late 1980's and 90's which met the needs of clients, interpreters and medical staff in the Sioux Lookout Zone Hospital catchment area.

In 2007, the Sioux Lookout Meno Ya Win Health Centre vision was to seek the advice of the Elders Council in putting together a standardized medical dictionary that all of our frontline staff could utilize to ensure a higher quality of communications to be used when clients and their families are navigating their way throughout the health care system. Copies would be circulated throughout the region and province to be used by hospital interpreters, medical staff and students, nurses and other organizations servicing native clients, as well as Community Health Representatives. The Elders Council signed a resolution later that year which set in motion the beginning of a new medical dictionary project.

In 2009, the new medical dictionary project began with a team comprised of

language specialists, an Ojibwe and an Oji-Cree from within the service area and a Cree from the James Bay coastal area. The team embarked on compiling a listing of words and phrases that they translated and was reviewed by groups of elders and language speakers from the northern communities during workshops held in Sioux Lookout during early spring 2010.

Elders and language specialists/speakers who participated in the project:

Ojibwe:

Patricia Ningewance-Nadeau, Lac Seul — project team leader Agnes Ningewance, Lac Seul Bella Panacheese, Mishkeegogamang Lucie Strang, Pikangikum Mathias Suganaqueb, Webequie

Cree:

Greg Spence, Fort Albany — team leader Adelaide Anderson, Fort Severn Genny Kakekaspan, Fort Severn Priscilla Kakekaspan, Fort Severn

Oji-Cree:

Larry Beardy, Muskrat Dam —
team leader
Clara Beardy, Muskrat Dam
Emily Gregg, Kasabonika Lake
Joan Kakegamic, Sandy Lake
Margaret Lawson, of McDowell Lake
& Weagamow Lake
Ruby Morris, Kitchenuhmaykoosib
Inninuwug
Jerry Sawanas, Sandy Lake
Joan Winter, Webequie
Amela Sturgeon, Wunnumin Lake

During the project, because of the size and volume of the draft dictionary, it was decided the end product of the medical dictionary would be divided into three separate dictionaries, one of each in the Cree, Oji-Cree and Ojibwe languages.

What is in this Dictionary?

In this dictionary are approximately 1,800 entries in English. They are translated into Cree and are written in roman orthography. The entries include names of body parts, diseases and medical conditions, symptoms, diagnostic and surgical procedures and apparatus, place names, hospital and clinic personnel, and medical drugs.

The information is given in the form of 3rd person verbs (he/she is getting a needle, for example) and nouns. In the Ojibwe, Cree and Oji-Cree languages, the grammar is divided into Animate and Inanimate. Some nouns are spoken of as if they are animate, grammatically even if they are non-living objects such as spoons. Some parts of a person's anatomy is spoken of as if it were living. Some examples in Cree are: elbows, knees, breasts, testicles, fingernails, shoulder blades. The grammar will change accordingly if the noun is animate.

How to Use This Book

The words are listed alphabetically in English. They are not grouped topically. It is organized this way so that an interpreter will find the equivalent word quickly. To list words from Cree into English, and topically would increase the size and weight of the dictionary. For that reason, syllabics is not used as well.

The Writing System Used

This medical dictionary is written in roman orthography and not in syllabics. Syllabics are used in all the Cree communities that are served by the Hospital. Most of the staff still use syllabics. Roman orthography is used here because many of the medical terms are newly-coined or may be unfamiliar to the interpreters. Syllabics do not represent the sounds accurately. Plain syllabics do not show vowel length and voiced and unvoiced consonants.

For example, in the Ojibwe language, "aakozi" (he/she is sick) and "agoozi" (he/she is perched above) are written exactly the same in syllabics but the two words have totally different meanings. Another good example is "da-" and "daa-" are written the same in syllabics but the first particle is a prefix that changes the verb into the definite future tense. The other is a prefix that changes the verb to mean "should, could, would". There are countless other examples. Using syllabics can create misunderstandings.

Using properly spelled roman orthography leaves no room for ambiguity. It is like using a recorder. You spell a long intricate word properly the first time, and you will be able to pronounce it perfectly when you read it out loud the next time. With syllabics, you have to guess at its exact pronunciation and thus, exact meaning.

Modern medical interpreters are literate in English. They will be able to read the roman orthography quickly as soon as they learn that it is a consistent way of writing. The earlier book Sioux Lookout Zone Hospital Medical Interpreters' Handbook was written in phonetics and syllabics. The old style of phonetic writing was not consistent. It changed with the page. Old style phonetic writing presented the same word written differently on different pages.

Pronunciation Guide

The macron spelling system is used here. In the Double Vowel System that is used by the Ojibwes, each long vowel sound is represented by **aa**, **oo**, **ii** or **e**. In Cree, the long vowels are represented by **a**, **o**, **i** and **e** with accents on them to differentiate them from the short vowels: **a**, **o** and **i** without the accents. It is not meant to be pronounced exactly like you would think. The spelling presents the approximate pronunciation in a very predictable fashion.

Vowels:

There are seven vowels in the Cree language. They are: \hat{e} , \hat{i} , \hat{o} , \hat{o} , \hat{a} , and \hat{a} .

There are four Long Vowels: $\hat{\boldsymbol{e}}$, $\hat{\boldsymbol{i}}$, $\hat{\boldsymbol{o}}$, and $\hat{\boldsymbol{a}}$.

Vowel	Cree example
$\hat{\pmb{i}}$ as in seat	shîpî (he/she stretches)
$\hat{\pmb{o}}$ as in between ${f soup}$ and ${f soap}$	<i>môna</i> (no)
â as in saying " ah " at the doctor's office	nimâmâ (my mother)
ê as in set	<i>kîwê</i> (go home)

They are called long vowels because it takes a longer time to say them than the short vowels.

There are three Short Vowels: i, o, and a.

Vowel	Cree example	
a as in sum	atim (dog)	
<i>i</i> as in sit	kiskan (your bone)	
o as in book	mihko (blood)	

They are called short vowels because it takes a shorter time to say them than the long vowels.

Voiced and Voiceless Consonants

A consonant is speech sound in which the breath is at least partially obstructed. Here are some consonants in English: **m**, **n**, **p**, **s**, **t**, **z**, **c**, **y**, **f**, **v**, **d**, **b**, **j**, **w**, **h**, **q**. These are

not consonants in English or in Cree: a, e, i, o, u.

In the Cree writing system that is used in this book, these are the consonants we will learn:

m, n, w, y, sh, hsh, s, hs, ch, hch, k, hk, t, ht, p hp.

There are two kinds of consonants: voiced and voiceless. A Voiced Consonant is a sound (see above) that is made with the vocal cords vibrating. A Voiceless Consonant is a sound made while the vocal cords are not vibrating.

Voiced Consonants

To repeat, these are approximate sounds. When you see a **k**, it will not be pronounced like an English **g**, as in gill or gym. It will be softer, more towards a **k** sound but not quite. It will still be a **g** like in gill but not as hard.

Examples

sh kishîka (he/she walks fast)

t ôta (here) *p* apiw (sits)

c acina (a short while)

k otakikomiw (he/she has a cold)

s misiwe (everywhere)

Voiceless Consonants

The Voiceless Consonants are most like the English consonants. *Hch* is like the **ch** in **church**, *hk* is like **k** as in English **kick**, etc.

Examples

hpmihpan (lung)hcohci- (from)hkâhkosiw (is sick)hsahsinîk (rocks)

ht kihtawakay (your ear)

CREE MEDICAL DICTIONARY

Α

abdominal pain, has têwashkatêw, têwatayêw

abdominal swelling, has *pahkitakishêpaniw*

abortion, has an oshikohitisow ohcitaw, oshkikohitisow

abscess, has an minîwiw pîhtawê, minîwiw,

minîwiw atâmihk

abscess drains, your tamako-minîwiw

absorbs, it otahcikêmakan

abuses him/her mânênimêw, kakwâtakihêw

accident, has an pashinêw

acetylsalicylic Acid (ASA) (aspirin) mistikwâni-natohkonon, têwishtikwânê

maskihkiy

acetaminophen (non-prescription medication to relieve minor pain

and reduce fever)

pînisahikan, kiskimahikan

aches *têwisiw, kâkîtisiw*

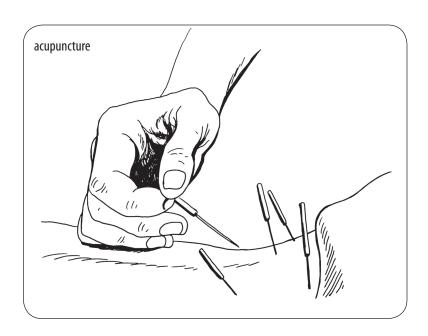
aches all over kâkîtisiw misiwê

acne, has pîkohkwêpaniw, papêskocâpipaniw

acne rosacea (adult acne), has pîkohkwêpaniwin

acupuncture, gets cîstahikêwin

acupuncture cîstahikêwin, kiskimahikani-shâponikan



acute (an illness that happens suddenly or over a short period of time)

kêtahtawin âhkosiwin nêsta piko nakiskaw kihci-âhkosîpaniw

Adam's Apple, your

kipiskokohtâkan(ân)

addicted, is

tipênimikow shâposhkâkow

addicted to alcohol, is

tipênimikow minihkwêwiwininiw

Addison's Disease (underactive adrenal glands), has

nînamisiniwa onîhkwa, onîshkwâk

adenectomy, gets

maninîkwênakaniwan, manikwêshwâkaniwan

adenocarcinoma (a type of cancer made up of abnormal gland cells that line the inner surface of some organs in the body) pitakinaw kêkwâna pitakinawana

kâ-koshtâtikwak âhkosiwin onîhkohk, onîshkohk âtiht mitataminawana

adenoids, your

kinîhk(wak)

adhesion (small strands of fibrous tissue that cause organs in abdomen and pelvis to cling together abnormally)

kâ-nisitonikêmakahk, kâ-mîciminikêmakahk mâmawi-mîciminikêmakahk

adolescence oshkinîkiwin, oshkâtisiwin

adrenal glands, your kinîhk(wak)

adrenal-gland removal, gets maninîhkwêniwin

adrenalin wînâshkêwin

ages ati-kishê-ayâwiwin

agorophobic, is kâkoshtak, kâ-sêkihikot, kâ-makitawanihk,

kâ-ishi-shêyânihk,

airsick, is kîshkwêyâhokow

airways nênêwina kâ-ohci-nênêyan

alcoholic, is *minihkwêyâspinêw*

alert, is on kîhkâyênihtam

allergic reaction, has an manitotakow mâciskâkow

alopecia (hair loss), has pahkihtitâw opîwaya, pashkostikwânê-

paniw, pahkihtiniwa opîwaya

altitude illness (any of several illnesses associated with higher than usual

altitudes)

ê-maciskâkot, ê-ishpanihk

Alzheimer's Disease, has wani-kanôkêwi-âhkosiwin

ambulance âhkosiwi—ocâpânish, âhkosiwi—otâpân kâ-

nâcipahiwêt

amniocentesis (extraction and exam- ê-otinikâtêk nêsta ê-natawi-kiskênihcikâtêk

ination of small amount of amniotic fluid) apishîsh mispayawâpoy

amniotic fluid *mispayawâpoy*

amniotic sac awâshish kâ-ishi-pîhcishihk

amphetamine drugs (habit-forming drugs) kâ-tipênimikonâniwaki natohkonona

maskihkiya

amputation kîshkikâtêshwâkaniwan

amputated, has an arm *ê-kîshkipitonêshot*

amputated, has a leg kîshkikatêshwâkaniwan

Amyotrophic Lateral Sclerosis (ALS: kâ-ati-pîkwashkât wâwikanêyâpiy Lou Gehrig's Disease) (progressive break-

anal fissure (laceration or tear in

down of the cells of the spinal cord), has

the lining of the anus)

tâtociskêpaniw

anal fissure removed, has an *ê-îkatênikâtêk ê-tâtociskêt*

analgesics (drugs that take pain away) pînisahikana, kiskimahikana

anal itching, has kinakiciskêw

anaphylaxis (allergic shock — life

threatening emergency)

koshkopaniw ê-manitotakot kêkwâniw shêmâk ê-maciskakot kâ-pimwêpaokot

anemia (shortage of red blood cells that e-nôhtêpanicik kâ-mihkosicik mihkohk may cause fatique) ta-ohci-ayêskosiw

anemia, aplastic (serious disease of decreased bone-marrow production of while and red blood cells and platelets) pakason kihci-âhkosiwin ê-nôhtêpanici kâwâpâki nêsta kâ-mihkwâki mihkohk

anemia during pregnancy (inadequate level of hemoglobin during pregnancy)

iskwêw mêkwâc ê-kânoshkatâwasot ênînamisit ê-nôhtêpanit omihkohk

anemia, has folic-acid deficiency ê-nôhtêpanihk kâ-mashkawikanêshkakonaniwak

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anemia, has hemolytic (premature destruction of red blood cells)

ê-nôhtê-nipîmakahki kâ-mihkwâki pîhcimihkohk

anemia, has iron-deficiency

ê-nôhtêpanit omashkawisîwin mihkohk

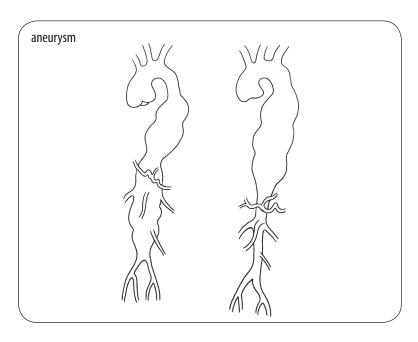
anesthesia, gets general (temporary loss ê-nipêhiht ê-mâcishot of consciousness)

anesthesia, local (temporary prevention of pain)

natohkononiw ê-minit êkâ kê-ohcimôshihot nipêhiwêwin

aneurysm (a bulging sac filled with blood formed when there is a weakness in the wall of an artery that is often repairable), has an

mihkôwipaniw ê-pakoshcêpanihk mihkoyâpiy



aneurysm removed, has an

ê-otinikâtêk ê-mihkôwipaninik ê-manishikâtêk

angina (pain or pressure beneath the breastbone caused by inadequate blood supply to the heart), has

ê-môshihtât wâskikanihk nêsta piko êmâkomacitât wâskikan êkâ tipiminihkwêpanihk mitêhihk ê-têwâskikanêpanit ê-ocitipikowâskikanêpanit

angina pectoris (chest pain arising from the heart usually under the breastbone), has

têwâskikanêw

angioplasty (catheter inserted into a blocked coronary artery), has an

ê-shêkonikâtêk kêkwân mitêhiy mihkwêyâpiy ê-kipopanihk

animal, gets bitten by an

ê-mâkwâmikot awêyâshîsha

ankle, your

kipiskokanân(a)

ankle pain, has

têwipiskokanêw

ankles, has swollen

pahkipiskokanêw

anorexia (eating disorder which prevents kawahkatêyâspinêw a person from eating adequately), has

anoscopy (visual examination of the

anus), gets an

micisk ê-kanawâpahcikatêhk êshîpâyâpahcikâtêk

antacid

wîsakâskanê maskihkiya nêsta

natohkonona

anti-arrhythmics (medications to treat

irregular heartbeats), takes

mitêhiy natohkonona êkâ kwayask êpahkahaninihk otêhîhk mitêhiy maskihkiya

antibiotics (medications that attack

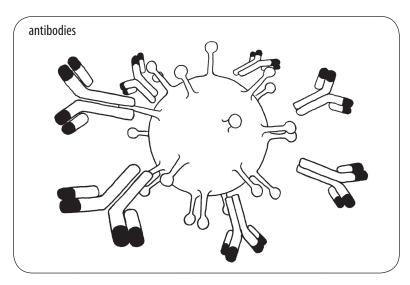
germs and fight infection)

natohkonon kâ-mâshihtamômakan

âhkosiwina

antihodies

natohkonona kâ-mâshihtamômakan âhkosiwinihk, maskihkiya kâmâshihtamokaki âhkosiwin



anti-cancer drugs

natohkononak ê-ohci-mashitaniwak êkâ kâkinitokotaniwak kâ-nakahikêmakaki natohkonona kâ-koshtâtikwak âhkosiwin kâ-mowêmakak

anti-coagulants (drugs to prevent blood clots)

natohkonona êkâ kihci-watowipanik mihkohk maskihkiya

anti-convulsants (medications to control *natohkonona ê-nanakacitaniwak*

seizures)

ocipitikowin kâ-nakahikêmakahki

anti-depressants

natohkonona êkâ kê-ohci-ohpâtênimot awêna êkâ kê-ohci-kiwâtênimot

antidote

maskihkiy kê-ohci-onipanihk piscipowin

natohkonona

anti-emetic drugs (prevents or relieves

nausea and vomiting)

natohkonona êkâ kihci-makomomacionaniwak nêstaêkâ kê-ohci-pwâkomot awêna pwâkomo maskihkiya

anti-fungal drugs

maskihkiya êkâ kê-ohci-nitawikihk

natohkonona manicôshak ohci mitakishîhanti-helmintic drugs (medications to treat worms in intestines) kêkâ kihci-nitawikicihk, mitakishiwimaskihkiya omanicôshimitakishêwinto anti-histamines (medications to natohkonona maskihkiya kêohci-nitokotaniwak kâ-maciskakohci treat allergies) kêkwâniw anti-hyperlipidemic drugs [medications natohkonona êkâ kihci-pimiwak mihko to reduce cholesterol (fat) in the blood) êkâ kihci-wîninwakamihk mihko anti-hypertensives (medications to natohkonona êkâ kihci-kishivakamikwêreduce blood pressure) panit awêna maskihkiya êkâ kihciispakêpanihk mihkohk anti-inflammatory drugs natohkonona êkâ kihci-pâhkipanit awêna mîyawihk kâ-mihko pâhkipanit natohkonona ékâ kihci-kâcitinikonâniwak anti-malarial drugs âhkosiwin sakimêhk kâ-ocipanik anti-metabolite drugs (medications to maskihkiya kâ-mishitamômakak âhkosiwin treat cancers and autoimmune diseases) kâ-koshtâtikwak nêsta kâ-nocîkonâniwak mîvawihk kâ-ohci-mâshihtamomakak âhkosiwin anti-microbial drugs (medications that natohkonona kâ-mâshihtamômakak attack germs and fight infection) manicôsh nêsta pîkopaniwin kâminîwipanik ohci mihkohk kâ-nôkwahk ê-itâkwak âhkosiwin anti-nuclear antibody (substance that appears in the blood, indicating presence kâ-ohci-mâshihtamômakak âhkosiwin of autoimmune disease) mîyawihk anti-Parkinsonian drugs (medications ninikipaniwâspinêwin natohkonona used to treat Parkinson's Disease) anti-protozoal drugs (medications used natohkonona kê-ohci-nipahikot kâ-mîcit to treat single-celled parasites) mîyawiniw manicôsh

anti-pruritic drugs (medications to reduce itching)	natohkonona êkâ kihci-kinakisit awêna kinakisiwi-maskihkiya
anti-spasmodic drugs (medications to improve digestion and relieve intestinal cramps)	natohkonona kwayask kihci-nisamat awêna nêsta êkâ kihci-ocipitikotakishê- panit awêna
antiseptic	kihci-kistinikêkak maskihkiy natohkonona
anti-thyroid drugs	maskihkiya onîshkwa ohci-mikwâyak
anti-viral drugs	maskihkiya manicôsh ohci
anus, your	kicisk(ak)
anxiety, is experiencing	mikoshkâtênihtam
anxiety and nervousness	mikoshkâtênihtamowin nêsta nanâcîwin
aorta, your (body's largest blood vessel, arising from the top of the heart)	mitêhiyâpiy kâ-micâpikêyak
apathy (suppression of emotions), is experiencing	pakitênimow
aphasia (disorder caused by damage to the parts of the brain that control language), has	kâ-nishwanâtaninik ostikwânihk kâ- ohci-ayâmit
appendage (body part that has a minor role in normal body function), your	kipaskêsiwin
appendectomy (surgical removal of vermiform appendix), gets an	ê-manishikâtêk mitakishîk wikwêtakishân
appendicitis (inflammation of the vermiform appendix), has	pashkocêpaniw wikwêshitashan ê- pahkipanihk
appetite, has a loss of	môna wi-mîcisow môna wi-mîcisomacihow

ized by loss of the ability to execute or carry out learned purposeful movements), has

apraxia (neurological disorder character- *môna ki-âciwitaw wîyawihk êkâ êki-itotak* kêkwâniw wîvawihk

aguaphobia, has koshtam nipîniw

kispiton(a) arm, your

kitîhkôkan armpit, your

arm or hand pain, has têwispitonêw nêsta piko têwicihcêw

arm, has a lame mâskipitonêw

anawêniskêshimow arm rest, uses an

sîtoniskêpisow arm sling, uses an

arrhythmia (dysrhythmia) (heart-rhythm *môna kwayask pahkahaniniw otêhiy*

irregularity), has

arteriosclerosis (hardening of the mashkawapikêyawa mitêhiyâpiya

arteries), has

môna kwayask anoskowapikêtênwa arteriovenous malformations (AVM)

(abnormal connection between veins mihkowiyâpiya

and arteries, usually congenital), has

kitêhiyâpiy(a) artery, your

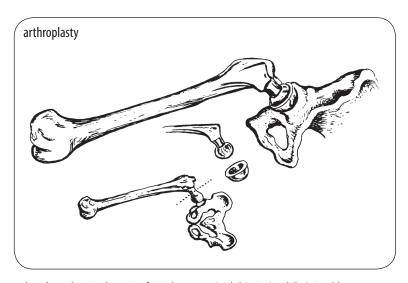
arthritis, has infectious (septic arthritis) miskanâspinêw

arthritis, has juvenile rheumatoid miskanâspinêwin kâ-pahkipaniki

kâ-ishi-ayakimiwikânâniwahk

arthritis, has rheumatoid (auto-immune miskanâspinêw

disease that causes chronic inflammation of the joints)



arthroplasty (surgical repair of joint),

gets an

mâcishikêwin ê-oshîhtâniwahk, kâ-ishi-akitawikânâniwahk

arthroplasty, gets a hip

ê-oshîhtâniwahk mitôkaniniw

arthroplasty, gets a knee

ê-oshîht mikitik

arthroplasty, gets a shoulder

mitihtiman ê-oshîht

artherosclerotic plaque (causing blockage or narrowing of artery supplying blood to the brain that may be amenable to surgery), has

kâ-kipwâpikêpanihk mitêhiyâpiy mîtihpip kâ-ispanihk

arthroscopy (surgery can help diagnose and treat common knee, shoulder, and other joint problems), gets an

mâcishikêwin mikitik ohci nêsta mitihtimân nêsta ê-akitawikanâniwak

artificial larynx(es)

mikohtâkanihkêkanikân(a)

artificial limb(s)

paskêsiwikêkanikân(a)

artificial respiration, is given

nênêcikan

ASA (acetylsalicylic acid) (aspirin)

mistikwâni natohkonon

asbestosis (chronic inflammatory medical pâhkihpanêpaniw condition affecting the parenchymal tissue of the lungs),

ascites (abnormal accumulation of fluid

pîhtawêpêkitakishêpaniwin nipîwitakishêpaniwin

in the belly), has

mistikwâni natohkonon

aspirate (removing fluid)

ê-otahikatêk nipiy

asthma, has

aspirin

cîwitamowin

astigmatic (visual impairment caused

by abnormal eye shape), is

maskâpiw

asymmetrical (uneven in size, shape or

position), is

môna pêyakwan ishinâkwan

atherosclerosis (hardening of the

arteries), has

mashkawi-otêhiyâpiw

athlete's foot (ringworm of the feet)

pikositêpaniwin

atriums, your (small chambers in the heart that pump blood into the

ventricles)

ishipahikana mihko mitêhiyâpihk

atrophy (thinning or wasting of body

muscles), has

shîkopaniw

attention-deficit Hyperactivity disorder (ADHD) (short attention span), has

tahko-mitonênihcikêw

ausculates (listens to the lungs)

nitohtawêw mihpana

autistic (mental illness of children, unaware of their surroundings), is

êkâ kapakikamatisit

auto-immune disorder (body produces antibodies that attack the body's own tissues), has

mâshîtômakan mîyawihk

autonomic nervous system (nervous system which controls involuntary functioning organs)

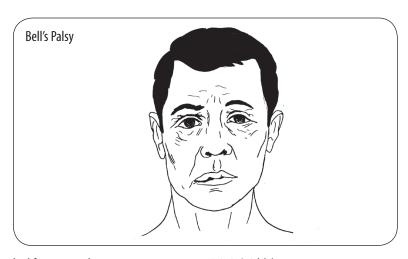
kâ-pimohtahiwêmakak mîyawihk

autopsy, is given an

nanatawi-kiskênihcikatêw mîyaw

axillary dissection (operation to remove ê-manishot minik mitikokanihk the lymph nodes under armpit), gets an

baby, newborn oshki-awâshish(ak) back, your kipiskwanâhk(a) back pain, has wîsakâwikanan âhkosiwi-manicôsh bacteria Baker's-Cyst removed (a benign cystic kâ-piskwacêpanihk atâmihk tumour at back of knee), has a balance, is in tâpitawopaniw, tipapêshkocipaniw baldness pattern, male & female, has pashkwâtihpê âniskêpaniw balloon angioplasty (treatment for ê-shêhikatêk mitêhiyâpiy ê-kipopanik obstructed arteries), gets bandage akopisowin, pasakwahikan barium enema (examining the gastroê-kanawâpahcikâtêk mitakishiy miciskihk ohci intestinal system), gets a barium swallow (one drinks a clay-like mitakishiwiyâpoy nêsta ê-shâpwâpahliquid and then an x-ray of upper bowel cikâtêk mitakishiy is taken) barium X-rays (examining the gastroê-shâpwâpahcikâtêk mitakishiy intestinal system), gets Bartholin's Glands (small glands in the minîhkwak ê-apishîshicik kâ-ohci-shikit lips of the vagina), your iskwêw basal cell carcinoma (skin cancer) mishikayâspinêwin êkâ kâ-kinitokotaniwak bath bench kitistapwano têhtapiwin bears down nahishin



bed frame, metal nipiwinâpisk(a)

bed pan shikiwinâpisk(a)

bed sheet nipiwinêkin(a)

bedsore, has a ashkishin

bed, wets his/her shikihkwâmiw

behavioural or emotional changes, has wî-mayakênihtâhkosiw nêsta piko itiw

behaviour therapy, gets nanâtomitâhkosiwi, notitâspinêwin

itatisiwin

Bell's Palsy (paralysis on one

side of the face), has

pîmikwêpaniw

bends his/her arm pikipitonêniw

bends his/her leg *pikikâtêniw* bends over *nawakîw*

benign (lump that is not cancerous) nitawikininiw kêkwâniw

êkâ kâ-koshtâtikwaninik âhkosiwin

beta-adrenergic blockers (beta-blockers) maskihkiya mitêhiy êkâ kênikok kihci-(medications that reduce heart or blood-vessel overactivity)

âpatisikak nêsta piko mihkwêyâpiya

bicuspid (teeth) mîpit(a) atâmihk

bilateral (both sides of the body) ayêtaw mîyawihk kâ-kwêskîtê

bile (digestive juice produced in the liver) *nisamawin miskonihk wîsakâpoy,*

wîsopîwâpoy

bile duct cancer kâ-koshtâtikwahk âhkosiwin wîsopîhk

bile duct, your ki-wîsopiy(a)

biopsy ê-manishikâtêk mîyaw

biopsy needle cîstahikan ê-manishikâtêk mîyaw

biopsy, skin mishakay ê-manishikâtêk kâ-nanâtomit

birth canal, your mêskanaw cîcîsh kâ-ohci-nitâwikiht

birth control nakahi anihk pônôshêwi-maskihkiya

birthmark mînim

bitten by a dog or insect, is atimwa nêsta piko manicôsha ê-

mâkwamikot

bladder, your kitônîniy, kiwîkway shikiwin kâ-ishi-pîhcisek

bladder tumor kâ-nitawikihk kêkwân onînîhkwikway

bladder (urinary) removed (cystect-

bladder), has his/her

kitotinikâtêw onîniy wîkway

blast cells (immature white blood cells) êkâ kâ-tipi-nitawikiki mihkohk Blastomycosis (North American Blastomycosis; Gilchrist's Disease) (infectious fungus disease that starts in the lungs), hasnitawikihk mihpani âhkosiwinihk mihpanihk kâ-ohcikêkwân

bleeding, has rectal

mihkowiw ociskihk

blepharitis (inflammation of the eyelid edges)

ê-pêshi-mihkwâk mishkîhk mishapowinan mihkwapipaniw

blind, is

môna wâpiw

blister, has a

pîhtawêpêkipaniw

bloats

potacêpaniw, potacêshkaw

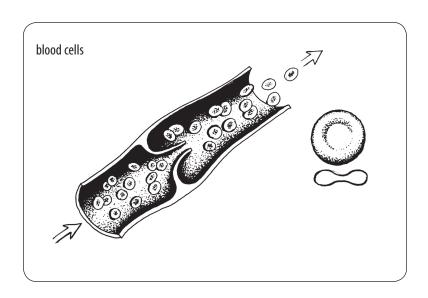
blood bank

mihkawikamihk mihko kâ-ishi-

kanawênihcikatêk

blood brain barrier (network of blood vessels that prevent dangerous substances from entering the brain

mihkowiyâpiya mînitihpihk êkâ kê-ohcipitikwêpaniki kêkwâna kâ-koshkâtikwak mînitihpihk shishiwêkinikan



blood cells, red (microscopic cells in the blood that carry oxygen to tissues of the body

mihkohk nênêwik kâ-ohci-misitêpanik mîvawihk

blood cells, white (microscopic cells in the blood that help fight infection by destroying germs)

mihko kâ-wâpisik kâ-wicîkonaniwak mîvawihk ê-mâshihtamomakak âhkosiwin ê-nipacikêmakak manicôsh mîyawihk

blood clot watoy

blood count (number of red and white blood cells)

mihkohk kâ-itatiki kâ-mihkwâ nêsta kâwâpâkihk

kimihko blood, your

ê-ocikawitâniwahk mihkok blood drips

blood plasma mihko

blood platelets (blood cells that assist in *mihkok kâ-wicîwêmakak ê-watowipanihk* the blood-clotting process)

mihkohk

blood poisoning, has piscipowipaniniw omihko

blood pressure, has high ishpakêpaniniw omihko

blood pressure, has low nâshîpaniniw omihko

blood sample mihkok kâ-otinikâtêk

blood transfusion ê-mînit mihkoniw

blood-transfusion reaction, has a atawênitamomakan mîyaw mihko

blood typing (method to tell what specific type of blood you have)

blood vein

nanâtomihkowin kêko mihko kê-minikawivan

mihkoyâpiy(a)

makwapikênam mihkoyapiniw blood vein, squeezes a

blood vessels, your kimihkowiyâpiy(a)

blood work *ê-natawi-kiskênihcikatêk mihko*

blows his/her own nose sînikihkomêw

blue baby, is a nôhtê-nipiw awâshish

blurry vision, has *pîkishênam*

body, your kîyaw(a)

boil, a manicôsh

boil, has a omanicôshimiw

bone cancer, has *âhkosiwininiw ayâw êkâ kâ-kinitotaniwan-*

inihk oskanihk

bone, your kiskan(a)

bone fracture, has a pasikipaniniw oskan, ayênipaniw miskan

bone graft, gets a kâ-mishahikâtêk miskan

bone marrow wîs pakasowin

bone marrow biopsy (removal of soft tissue from inside bone), gets a

tissue from filside bolle), gets a

effect of chemotherapy), has

bone marrow depression (serious side-

kâ-manitotakonâniwak wîs ê-âpatak kâ-

ê-pakwêshikâtêk pîhci-wîs miskanihk

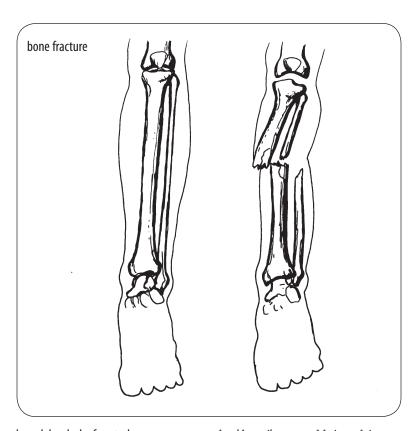
mashkawâk iskwâsikan

bone-marrow transplant, gets a *ê-minit pakasowin miskanihk awêna*

bone scan, gets a *miskani shâpwâpahcikan*

bone spurs kâ-nitâwikihk miskanihk

botulism (food poisoning) mîcimi-piscipowin



bowel, has lack of control môna kî-macikonam omîsîwin omêyi

bowel movement, has a *mîsîw*

bowel movement, has a loose kishawashkatêw

bow-legged, is wishkwêshkapêw okapêw

brace sîtapisowin

brace, arm mispitoni sîtapisowin

brace, back opiskwani sîtapisowin

brace, leg *miskati sîtapisowin*

brace, neck mikwâyâwi sîtapisowin sitahokwawêhowiwin

brachytherapy (advanced cancer nitokwahiwêwin êkâ kâ-kinitokotaniwak treatment), gets âhkosiwin âshay kâ-mistahi ikik

brain hemorrhage, has a mihkôwipaniw shishawêkinikan

wînitihpihk

brain, your kishishawêkinikan, kîtihp(a)

brain or epidural abscess (collection of minîwipaniw shishawênikinikanihk, pus), has wînitihpihk

brain scan, gets a shâpwâpahcikatêniw ostikwânihk

brain tumor, has a nitâwikininiw kêkwâw ostikwânihk

breast, your kicôcôshim(ak), kicîcîshim(ak)

breast abscess drainage *ê-namakotaniwak minîy micôcôshimihk*

breast augmentation (breast enlarge- nicîcîshim kâ-mishikitaacik ocîcîshima ment), gets

breast biopsy by incision, gets apishîsh pakwêshimaniwa ocôcôshima,

ocîcîshima

breast biopsy by needle aspiration, gets cîstahikan ê-âpatak ê-otinikâtêk âpishîsh

miyas micôcôshimihk, ocîcîshimihk

breast cancer, has âhkosiwininiw ayâw êkâ kâ-kinitokotani-

waninihk ocôcôshimihk, ocîcîshimihk

breastfeeds noshana-âwasow, cîcîsha-âwasowin

breast pain or lumps, has môshiow ocôcôshimihk nêsta piko

piskopaniw pîhtawê

breast reconstruction, gets oshîmakaniwa ocôcôshima, ocîcîshima

breast reduction, gets acowinimakaniwa ocîcîshima,

ocôcôshima

breast self-examination nanâtomakaniwan ocôcôshimihk,

ocîcîshima

breath, has bad wicêkatâmow

breath, is out of nôhtêtamiw

breathe, cannot môna ta-kînênêw

breathes *nênêw*

breathes audibly akâwâc pêtakwanihow ê-nênêt

breathes deeply nosôhkatâmow

breathes easily wêcinakatâmow nênêw

breathes in through the mouth otônihk ohci-nênêw

breathes out through the nose otênikomihk ohci-nênêw

breathing difficulty, has mishamatâmow

breaths, takes short takwatâmow

bronchial tubes, your (hollow air passageways branching from windpipe

to lungs)

kihpanêyâpiya

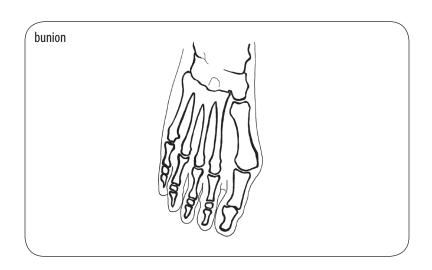
bronchi, your (two main branches of the trachea that go into the lungs) kihpanêyâpiy

bronchioles, your (small air passage ways kihpanêyâpîsha

branching from windpipe to lungs)

bronchiectasis (lung disease), mihpani-âhkosiwin

bronchiolitis (inflammation of the bronchioles), has	pahkipâniw mihpanêyâpîshik
bronchitis, has acute (inflammation of the air passages of the lungs)	acikanaw pakapikêpaniwa mihpanêyâpîya
bronchitis, has chronic (chronic inflammation and degeneration of the bronchial tubes)	nâspici pakapikêpaniwa mihpanêyâpîya
bronchogenic carcinoma (lung cancer), has	mihpani âhkosiwin êkâ kâ-kinitokotâniwak
bronchoscopy (test to examine bronchi), gets a	mihpani-nanatomikowin
bruised, is	apihtipaniw
bruising or blood spots under the skin	ayapîhtipaniw nêsta piko mamih- kôwipaniw pîhtawê oshakahk
bruit (unusual sound that blood makes when it rushes past an obstruction)	kâ-matawitakwan mihko ê-micowak kêkwân kakipopanihk
bulimia nervosa (eating disorder), has	ohcitaw kâ-pwâkomoitisot
bunion, has a	kâ-nitâwikihk misitihk
bunion removed, gets a	ê-otinikâtêk kêkwân kâ-nitawikihk misitihk
burned, is	iskwâsow
burnout, experiences a	ayêskosow
burn, has a	iskwâsow
burn, has a 1st degree	wakîc iskwâsowin
burn, has a 2nd degree	atâmihk wâshakâk
burn, has a 3rd degree	mistahi iskwâsow



burps *pêkatêw*

bursitis (inflammation of bursa soft fluid-filled sac which cushions between tendons and bones), has pahkipaniw ayêtâokanânihk

buttocks, your

kinâsitiy(a)

calf/calves, your kinân(a)

cancer êkâ kâ-kinitokotâniwak âhkosiwin

cancer in-situ (confined to the tissue *âhkosiwin êkâ kâ-kinitokotâniwak* where it started) *âhkosiwin êkâ kâ-kinitokotâniwak mishakak kâ-ohci-nitawikihk*

cancerous growths, has nitâwikininiw âhkosiwininiw êkâ kâ-

kinitokotâniwak

cane saskahonâhtik

canker sores, has pîkopaniwin, pikokonêwipaniwin



capillaries, your (microscopic vessels mihkwêyâpîsh(a) supplying blood to all body cells and tissues) kâ-shîwahki kêkwâna carbohydrates, complex (starches, sugars, cellulose and gums) carbohydrates, simple (refined sugars) kâ-shîwaki kêkwâna carbon monoxide poisoning piscipowin kikimotisîmakak carcinoma (cancer that starts in the âhkosiwin êkâ kâ-kinitokotâniwak skin or in lung organs) mishakak nêsta piko pitakanowa kâ-ishi-wiskwêtiki cardiac arrest, has kipicimakaniniw mitêhiy cardiac catheterization and angioê-nanatawi-kiskênihcikatêk mitêhiy cardiography (studying heart function with a cardiac catheter), gets cardiopulmonary resuscitation (CPR), kiciwêpanîkâtêw mitêhiy nêsta nênêâkaniwan receives cardiovascular (heart and blood vessels) mitêhiyapiya nêsta mihkowiyâpiya cardiovascular surgeon mitêhiv natohkonon kâ-mâcishikêt cardiovascular system mitêhiy kâ-ohci-pimohtêmakak nêsta âpatisimakak carpal-tunnel syndrome, has ê-pikipanihk micici âhkosiwin carpal-tunnel syndrome, gets ê-oshîhtaniwaninihk êshi-pikipaninihk ocici carotid arteries, your (large arteries kâ-mishaki-mihkowiyâpiya mihko kâthat supply blood to the brain) ohci-ispanihk mistikwânihk mînitihpihk carotid Doppler (look at blood flow in ê-kanawâpahcikatêk mihkowiyâpiya

mînitihpihk kâ-ispanihk

the carotid arteries), gets a

carotid endarterectomy (vascular surgery *ê-kitistinikatêk mihkowiyâpiya mistikwâni* procedure that removes plaque from the *mînitihpihk kâ-ohci-ispanik mihko* lining of your carotid artery), gets

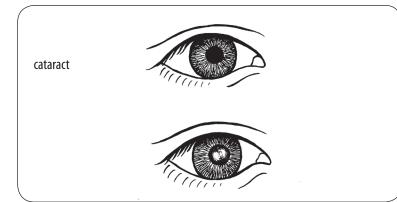
cartilage, your kicêtatiyâpiy(a)

asinîya kishkawêw cast, wears a

CAT Scan (type of x-ray which uses a shâpwâpahcikan computer to produce a 3D picture)

cataract, has a akoshtêyâpiw akapâpiwin

kâshkahpawakaniwan cataract removed, gets a



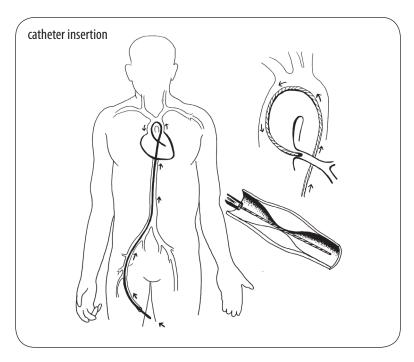
catheter kâ-shêkonikatêk

cauterization (procedure using heat to iskwâsikatêk ê-nipataniwak kâdestroy abnormal cells) maci-wiyâsiwak mîyawihk

celiac disease (allergic condition in the âhkosiwin miciskishik ê-maciskakocik small intestine triggered by gluten kêkwân kâ-pakwêshikâniwaninihk

cell (basic structure of living tissues) kâ-ishi-anapak mîyaw

cellulitis (inflammation of skin and kâ-mihkwâk mishakay nêsta pîhtawê mishakahk underlying tissue)



central nervous system, your (brain and spinal cord)

êshi-âpatisîmakak mînitihp nêsta wâwikan

cerebral (part of the vertebrate central nervous system)

paski wâwikan

cerebral embolism (small blood clot from the heart or diseased artery travels to the brain), has a

watoy mihkowiyapihk mitêhîhk kâocipanihk nêsta piko mitêhiyâpîhk mînitihp ihk kâ-ispanihk

cerebral hemorrhage (subtype of intracranial hemorrhage that occurs within the brain tissue itself)

ê-mihkôwipanik mînitihp mistikwânihk

cerebral palsy (group of muscular and nervous-system disorders that begin in infancy)

mâskisiwin ê-awâshishiwit ê-ohci-kicipanik

cerebral thrombosis (rare form of stroke) ocipitikowin

cerebralspinal fluid (CSF) (fluid surrounding spinal column and brain)

minîtiyâpoy, wâwikanâpoy

cervical nodes (lymph nodes in

neck), your

minîkwan mîkwayâhk

cervical spine, your kiwâwikan(a)

cervix, biopsy of *ê-pakwêshikatêk mispayaw*

cervix cancer âhkosiwin êkâ kâ-kinitokotaniwak

mispayâhk

cervix, gets cryosurgery of the *ê-mâcishikatêk mispayaw*

cervix, your (narrowed part of the

uterus extending into vagina)

kitispayaw

caesarean section *ê-at ê-otinit awâshish*

changes sheets atêki nipâwinipicikê

chapped, is pashtêwishakêw

charley horse, has a ocipitikonanêw, ocipitikopwâmêw

cheek, your kitanaway(a)

cheekbone, your kitanawakan(a)

chemotherapy (drug used to kill

cancer cells)

kâ-mashkawâk iskwâsikêwin ê-nipataniwak âhkosiwin êkâ kâ-kinitokotaniwak, âhkosiwin êkâ kâ-kinitokotaniwak, kâ-koshtâtikwak

chest, your kâskikan(a), mâskikan(a)

chest pain, has têwâskikanêw

chickenpox, has *pîkwashakêpaniw*

child abuse kwâtakiâwasowin

chin, your kitâmihkan(a)

chiropractor miskani natohkonon maskihkiywi ininiw

chokes on food kipênishkonow

chokes on it (food particle) kipênishkonow

chokes on liquid ospatatâm

cholecystectomy (surgical removal

of gallbladder), gets a

ê-manishikâtêk minîniy wîsopiy

cholera (acute intestinal infection),

has

mitakishiwi-âhkosiwin, mitakishiyâspinêw

cholesterol, has high ishpipaniniw wînin omihkohk

chronic nâspici âhkosiwin

chronic fatigue syndrome

(profound fatigue)

kihci-ayêskosiwin

(chronic airway obstruction), has kipotashkwayawi âhkosiwin

clammy hands, has apwêcicêw

claustrophobia, has kipênimow

clavicle, your *mikwâyâskikan(a), kitapiskokikan(a)*

circulatory system, your *êshi-pimohtêmakahk mihko*

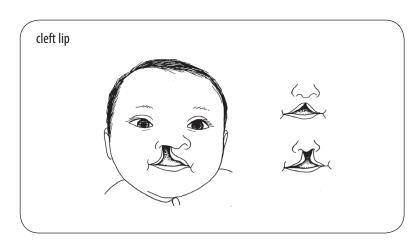
circumcision, gets a washkashakêshikêwin

cirrhosis of the liver (chronic scarring of

the liver)

miskonêwâspinêwin

cleft-lip repaired, has a ê-oshîht ê-tâshkitônêt



clinical trials

maskihkiy kakwêcicikêwina

clinician (health-care professional who has direct contact with patients)

omîno-pimâtisiwi atoskêw otishkaw kâatoskawât otâhkosîwa

clips

makwâpiskinikan

clot

watoy(a)

clot-buster

kâ-shikwêpahikâtêk watoy

coagulation (same as clotting) (activity of *ê-watowipanik mihkohk* the blood and blood vessels that cause blood to form a jellylike clot)

cobalt treatment (type of radiation therapy targeting tumors deep within body) kâ-mashkawak ê-iskwâsikatêk ê-nipataniwak maci-wiyâs

cocaine (medication applied directly to mucous membranes to control pain — mind-altering, addicting and dangerous)

kâ-wâpak maci-natohkonon

cochlear implant (surgically implanted electronic device that provides a sense of sound to a person who is profoundly deaf) pîwâpisk pîhtawê kâ-kishkak êkâ kâ-ositêt

cognitive (the process of thought)

mitonênihtamowin

cognitive therapy (psychotherapy that is *mitonênihcikan nitawêwiwêwin* based on the idea that the way we think about the world and ourselves affects our emotions and behaviour)

cold, is

tahkisow

cold, has the common

otoâkikomiw

cold, shivers with

ninikaciw

cold sweat, has a

takapwêsiw

colic (in infants), has

opêkatêwin kâ-akwahikot oshki-awâshish

colitis, has ulcerative (serious,

chronic, inflammatory disease of

ashkitakishêyâspinêw

the colon)

collagen (gelatinous protein from which body tissues are formed)

kâ-shipikak

collarbone, your

kipimitâskwahikanêkêkan(a)

colon cancer

mitakishiyâspinêwin êkâ kânitokotaniwakto kâ-koshtâtikw

colon, your

miciskish

colonoscopy (procedure to look at

colon, large bowel or anus)

ê-nonotomit awêna ociskishihk, otakishîhk

nêsta piko ociskihk

color-blind, is

êkâ kâ-nisitawinahk

colostomy (opening to the bowel through *pêkwatwaakaniwan watak*

the abdominal wall), has a

colposcopy (procedure to look at cervix), *ê-kanawâpamit ospayâhk* gets a

coma, is in a *môna kî-koskosiw*

common carotid artery (arteries mihkoyâpiya mihkwayâhk

of the neck)

complete blood count, gets a akicikatêniw omihko kiciwê

complex regional pain syndrome shokopakipaniw wîsakênihtam

(swelling, shiny skin, a lot of pain over a part of the body), has

compression mâkwahikan(a)

compulsion atoskam kêkwân kâ-wî-itôtaman

concussion, has a kî-otamistikwânêshin

condom aspikinâkan(a)

cone biopsy (cancer cells are removed in a cone section from cervix), has kinitokotaniwak ospayâhk

confused, is wanashkwênihtam

congenital (abnormality of the body mâskikow present at birth) mâskikow

congestive heart failure (build up of nipâwêw otêhîhk ê-nistapawênihk otêkê fluid in lungs or extremities), has

conjunctivitis (pink eye), has mihkwâpiw

constipated, is kipwâkacêw

contact lenses mishkîshikohk kâ-shêkonikâtêki

contagious, is kâ-otakami-âshôêmakak

contraceptives kipitahikan(a)

contrast medium (see IVP) (substance used to enhance the contrast of structures or fluids within the body in medical imaging contusion (bruising of a muscle), has	atisimâkan kê-ohci-kikayanâkwak mîyaw ê-apitisowin
convalesces	kihci-koskwâcishik mêkwâc ê-âhkosît
convulsion, has a febrile (seizure triggered by rapid rise in temperature and characterized by altered conscious- ness and uncontrolled muscle spasms)	ocipitikow
core needle biopsy [special hollow needle is used to take a small sample of tissue], gets a	ê-apishâpiskahk cîstahikan ê-pakonêyâk ê- ê-âpatak ê-otînikâtêk mîyâs
corn, has a	nitâwikininiw kêkwâniw ositihk
cylinder shaped (core) sample of tissue from a lump	mîyâs ê-kî-otinikâtek piskosiwinihk
corn or callus, has a	ê-mashkawishakêt
cornea, your	ki-wawiyêyâpiwin(a)
cornea transplant, gets a	ê-mînit wawiyêyâpiwinaniw
coronary-artery bypass graft, gets a	ê-mayâwipanitwâniwâninihk otêhiyâpiy
coronary-artery disease, has	mitêhiyâspinêw
coronary care unit (CCU)	kâ-ishi-akamîcik kâ-mitêhiyâspinêcik
corticosteroid (drugs to decrease swelling and inflammation)	natohkonona êkâ kê-ohci-pakipanit nêsta piko mihkwâk mîyawihk maskihkiya

cortisone drugs (medications similar to natural hormones produced by the central core of the adrenal glands)

onîhkohk kâ-ocipaniki natohkonona

cosmetic surgery, gets wawishi-âkaniwan

cough, has a cackling *pâhko-ostohtohtam*

cough, has a gooey-sounding pâshkiminêmow

coughs ostohtohtam

coughs up blood *mihkoniw pêcipanitwâw ê-ostohtotahk*

cramp, has a ocipitikow

cranium, your (bones that make up kistikwânikêkan(a)

the skull)

crippled, is *mâskisiw*

Crohn's Disease (chronic inflammatory pakitakishê-âhkosiw disease of the gastrointestinal tract), has

croup, has osiskatâmow

crutches, is on sakahow

cryotherapy (procedure to freeze burn akwâtimakaniw

cancer cells), gets

CT Scan or CAT Scan (type of x-ray which shâpwâpahcikan oshki-âpacihtâwin uses a computer to produce a 3D picture)

culture (identification of bacteria, *ê-nitawikît manicôsh nêsta kotakiya* funqi and viruses)

curettage (scraping procedure to obtain *ê-kâshkahikâtêk mispayaw* tissue from the uterus lining), gets a

cut from a sharp object, gets a *pêshishin*

cyst pitao minîwiw

cystectomy (surgical removal of part of bladder)

ê-pakwêshikatêk paski shikowiniwat

cystic fibrosis (CF) (inherited disease in which mucous-producing glands fail to produce normal enzymes and mucous), has onikoyâspinêwin

cystitis (bladder infection), has

oniniyâspinêwin

cystoscopy (procedure to view bladder and urethra), gets a

ê-kanawâpahcikâtêk onîniy nêsta shikiwin kâ-ishi-pimohtêmakahk

D

môna osihtêw deaf, is defecates mîsîw defibrillation (electronic device gives an kiciwêpahikâtêniw otêhiy electric shock to the heart), gets a dehydrated, is nôhtêpaniw nipiniw pakopaniw wanikihkâw dementia, has môna wî-tapwêtam denial, is in dentist mîpiti-natohkonon, omanâpitêpicikêw dentures mîpitikâna depressed, is kôhpâtênimow dermatitis (irritated skin), has pîkwashakêpaniw kishkapakwêw pakwatâmow nêsta diabetes insipidus (excessive thirst and excretion of large amounts of tashinêshâsow severely diluted urine) diabetes mellitus, has insulin-dependent shôkâwâspinêw, shîwâkamikwêw (requires insulin therapy) diabetes mellitus, non-insulinshôkâwâspinêw, shîwâkamikwêw dependent (resistant to insulin) diabetic hypoglycaemia (low blood nôhtêpaniw shôkaniw omihkohk kâglucose level occurring in a person shôkâwâspinêt with diabetes mellitus), has diagnosis nanâtomikosiwin itâspinêwin dialysis, gets otêhtikosowaw ê-kasinimici

diaper rash mihkwashâsiw

diaphragm, your ki-kipwakan(a)

diarrhea, has kishowashkatêw

diastolic blood pressure (represented by the bottom number in a blood pressure reading, is when your heart is resting), has capashish âhkosiwin ê-anwêpimakak

mitêhiy

diet *itacikêwin*

dietician itacikêwi-maskihkiwi-ininiw, mîcimi

natohkonon

diet, has a special itacikê-akaniwiw

digestive system, your kinisamawin

digital rectal examination (DRE) *ê-nanâtonikot natohkonona ociskihk*

(examination of rectum with finger), gets

dilates ispî-shêpanik

dilatation and curettage of the Uterus (D & C) (opening of the cervix and surgical removal of the contents of the uterus)

pishishikopitaniwan

diplopia (double vision), has nîshwâpiw

discolored teeth, has osâwâpitêw

disease *âhkosiwin*

disfigured, is *mâskisiw*

disk naspitik

disk removed, has a ruptured *ê-otinikâtêk kâ-naspitik awikanihk*

disk, has a ruptured *pîkopanihk naskoikan wâwikanihk*

dislocated foot, has a manisitêpaniw, wanawipitin misit

dislocated arm, has a manipitênêpaniw

dizzy, is kîshkwêyapiw

doctor maskihkiywininiw, natohkonon

donor *opakitinikêw*

Doppler Test (ultrasound test uses reflected sound waves to evaluate

blood as it flows through a blood vessel)

ê-nanâtawi-kiskênihcikâtêk mihko

ê-ispîhcipanihk

dormant *ê-moci-astêk*

Down Syndrome, has *mâskisiw, wanikêw*

drains, it *câkâpâwitaw*

drill *pêkwataên*

drools *ocikawisikwêw, cinikawisikwêw*

drop attack (sudden falling) has a kêtahtawin pahkishin

drowns *nistâpâwêw*

drowsy, is nêstisiw winipaskaw

drug abuse and addiction, has maci-natohkonona nêsta ê-

tipênimikonaniwak

drug hypersensitivity (immune-

mediated reaction to a drug)

dull, it is

ê-manitotakonaniwak nêsta ê-maciskakot

natohkonona

môna sapênihtâkwan

dumping syndrome (comprehensive overview of rapid stomach emptying covers symptoms, causes, treatments, including diet) shîwâtêpaniw

dwarfism, has

âpisci-ininishiwiwin

dysarthria (motor speech disorder resulting from neurological injury)

môna kinitawêw, môna kitayamiw

dysentery, bacillary (infectious disease of the intestinal tract caused by bacteria of the genus Shigella and is spread by contact with a patients) mâmîsîpaniwin

dysmetria (overshooting objects when reaching), has

papâtinam

dysphagia (difficulty in swallowing), has môna kikohcipanicikêw

têwihtawakêw earache, has an

kihtawakay(a) ear, your

ear canal, your kipîhcihtawakay(a)

ear drum, your kinahihtêwin(a)

ear infection, has a middle pîhcihatwakay âhkosîw

wanawîtik otakwak âhkosîw ear infection, has an outer

eardrum, has a ruptured pêkwacitawakêpaniw nahitêwinihk

ear, has ringing or buzzing sounds in the cîwêtam

kipopaniwa oshkitêpakwa earwax blockage

ECG (see Electrocardiogram) (test that makes recordings of electrical impulses of the heart), gets a

cîstapikênakaniwan ê-nanâtomit otêhîhk ê-nanakacitaniwak mitêhiy

ectopic pregnancy (complication of pregnancy in which the fertilized ovum is developed in any tissue other than the uterine wall)

wani-pîhcishin awâshish

eczema, has kinakashakêwâspinêw

edema (swelling of body tissue), has pâkipaniw

EEG (see Electroencephalography) (recording of electrical activity along the scalp produced by the firing of neurons within the brain), gets a

nanâtomikowin mistikwânihk

EKG (see Electrocardiogram) (test that makes recordings of electrical impulses of the heart), gets a

nanâtomikowin êtak mitêhiy

elbow, your

kitôskwan(ak)

elderly man

kishê-ininiw(ak)

elderly woman

kishê-iskwêw(ak)

electric current

ishkotêw

electric shock, gets an

kiskimwêpwâkaniwan

electro-larynx (battery operated machine that is held against throat to create vibrations that enable person to talk)

mikohtâkanikêwin

elevated, he/she is

ishpishin

elevated, it is

ishpitin

embolic stroke (often result from heart disease or heart surgery and occur rapidly and without any warning signs), has an

ocipitikow

embolism (blockage of blood vessel by

blood clot), has an

ê-kipopanihk watoy mihkoyâpihk kipopaniw mihkoyâpiy

encephalitis, has viral (swelling of the brain inside the skull places downward pressure on the brain stem)

pahkimînitihp êpaniw, pahkishishawêkinikanêpaniw

endocrine system, your (system of glands that involve the release of extracellular signaling molecules known as hormones)

minihkwak ê-âpatisicik

endometrial biopsy (procedure to remove small piece of lining of uterus), gets a	ê-pakwêshikâtên mispayaw
endoscope (long flexible tube with light at the end of it to look inside body)	shikwêyâpacikan
endoscopy (procedure to look inside body cavities), gets an	ê-shikwêyâpamit pîtakinaw
enema, gets an	pîtâpâwanâkaniwan
enzymes	nisimawina
epidural anaesthesia, gets an	kiskimipanicikan
epilepsy, has	ocipitikow
episiotomy (surgical incision through the perineum made to enlarge the vagina and assist childbirth)	ê-nakishishot iskwêw, ê-tacishikatêk
erythema (redness of the skin), has	mihkwahokow oshakâhk
erythrocyte (RBC) (red blood cells)	kâ-mihkosicik mihkohk
esophageal speech (way of speaking when voice box removed), has	pitoshîhtâhkosîw otakotakan ê-kî- otinikâtênihk
esophagectomy (surgical removal of all or part of the esophagus), has	misiwê nêsta piko paski ê-otinikâtêk mîcisowakan
esophagus, has cancer of	mîcisowâspinêw êkâ kâ- kinitokotaniwaninihk
esophagus, your (gullet)	kimîcisowâkan(a)
eustachian tube (tube that links the pharynx to the middle ear)	mitwakaniyâpiy(a)
examining table	kâ-ishi-pimishimit awêna ê-nanâtomit

exercises kakwêciwina shishawipaniw

excise *ê-manishikâtêk*

excision kâ-manishikâtêk

eye contusion or laceration apihtâpiw

eyes, has crossed pîmashkwâpiw

eye, has a foreign body in *pisiniw*

eyeglasses oshkîshikohkâna, mishkîshikwâpiskwa

eye, your kishkîshik(wa)

eye brow, your kimîshâpowinân(a)

eye pain, has têwâpiw

eye, has a swelling in the pakâpiw pahkicâpiw

eye, has a dryness in the pakwâpiw

eye, has itching in the kinakâpiw kinakicâpiw

eye, has tearing in the *nanikâpiw*

eye tumor, has an *nitawikininiw kêkwâniw oshkîshikohk*

F

face, your kikwâkan(a)

face pain, has têwikwâkanêw

faints wanikêw pahkishin aspin môna kiskisiw

fallopian tubes, your kitaspayêyâpiy(a)

family history micishani tipâcimikosiwin

farsighted, is wânaw iskwâpiw

farts *pwêkitow*

fatigued, is ayêskosiw

fat, your kiwînin

fearful, is sêkisiw

fecal *mêyi*

fecal impaction mawatahimêyiw kipwaakacêw

fecal occult blood (blood in stool) mihko mêyihk

feces *mêyi*

feelings, your kititamahcihowiwin

feels scared koshtâciw

feels unwell manimahcihow

feels well *mîno-mahcihow*

fertility problems, a man has nâpêw môna kinitawikîwêw,

nâpêw môna nihtâwôshêw

fertility problems, a women has iskwêw môna kî-nihtâwikîwêw.

iskwêw môna nihtâwôshêw

fetal alcohol syndrome (FAS) minihkwêwininiw kâ-wanikîkot

fetal monitoring ê-nânâkacît awâshish pîhci

fever, has kisisow

fiber optics kâ-kishipanihk ayâmiwin

fibrocystic breast disease (fibro-cystic breasts are not malignant), has

micôcôshimi âspinêwin, cîcîshiwi

âhkosiwin

fibroid tumors of the uterus, has nihtâwikin pîhci mispayak kêkwân

fibroid-tumor removed, has a otinikâtêniw kêkwâni ospayâhk kâ-

nihtâwikininihk

fibrositis (group of disorders characterized by chronic widespread aches and pains), has

âhkosiwin kâ-tatawêsinaniwak mîyawihk

tashinê ê-kakitêwisinaniwak

Fifth Disease (viral illness that produces a distinctive red rash on the face,

body, arms)

âhkosiwin kâ-mihkopaninaniwak mîyawihk

mihkwashakêpaniwin

finger, your kinînîkicihcân(a)

finger, your baby (last) kiskwêcihcân(a)

finger, your index kititwahikanicihcân(a)

finger, your middle tashtawicihcân(a)

fingernail, your kishkashiy(a)

first molars mîpita kistâpitana

fissure manâpitêwik fist, makes a *pikwakocihcêniw*

flu, has the kihci-otakikomow

food allergy and intolerance, has *ê-maciskakot mîciminiw*

food poisoning, has *piscipow*

foot, your kisit(a)

forceps ocipicikan(a)

forehead, your kiskatik(wa)

foreskin, your kiwashakamishakan(a)

fracture, has a pîkokanêpaniw pâsikanêpaniw

fracture repair, gets a oshîhtaniwaniniw êshi-pîkokanêt pâsikanêt

frostbite, has wâpâkwaciw

frostbitten, is wâpâkwaciw

frozen section *êshi-âkwacit*

gallbladder, your kitôninîy(a)

gallbladder laparoscopy (surgical mâcishikêwin ê-otinikâtêk oniniy

removal of gallbladder), gets a

gallstones, has otasinîmiw

gangrene, has *maci-wîyâsiw*

gas, has *pwêkici-âspinêw*

gas-sniffs minâcikêw

gastrectomy (removal of part or all of *paski nêsta piko misiwê ê-otinikâtêk matay*

the stomach)

gastric bypass, gets a *ê-sipokwatit watak*

gastric erosion, has *ê-mêcipanit*

gastritis, has *têwishkatayêw*

gastroscopy (procedure to examine

inside of stomach), gets a

ê-nanâtomit pîhci watak

gastroenteritis (stomach flu; intestinal flu) *mitakishiwâspinêw*

gastrointestinal series (Upper GI Series), mitakishik itêhkê

has

gastrostomy (surgical opening into

the stomach), gets

pêkwacishwakaniwan watak

gauze akopisowin(a)

gene mîyaw ê-ishinâkwak

general anesthesia, gets nibê âkaniwiw

general surgeon kâ-mâcishikêt

genetic counseling, gets kâ-witamâkêt êshi-nâkwak mîyaw

genetics mîyawihk êshînâkwak

genetic testing *ê-nanâtawi-kiskênihcikâtêk mîyaw*

germs manicôshak

qestation mêkwâc ê-kishkâwasot

gingivitis, has wîyâsâpitâna ê-âhkosît

glaucoma, has *ê-sitâpit*

glucose mîyawê shôkâw

glucose-tolerance test nanâtomiwêwin mîyawi shôkâw ohci

gonads, your kinîk(wak)

gonorrhea, has macâspinêw

gout, has mihkotashkwayâspinêw pâhkikotashkwêw

green, it is osâwashkwâw anipikan

grief *ânimisiw*

growth nihtâwikiwin

growth disorders, has *mânikiw*

guilt atamênihtamowin

gums, your kimîyâsâpitân(a)

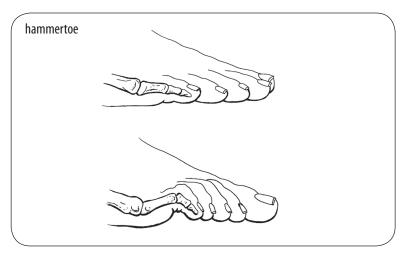
gynecologist iskwêwa maskihkiwininîw kâ-wâpamât

hair loss, has *paskoshtikwânêpaniw*

hair, your kipîway(a)

hair transplant, gets a minâkaniwan mipîwaya

hammertoe correction, gets a *ê-mînositênit*



hand, foot and mouth disease, gets micihciy misit nêsta âhkosiwin

hand, your kicihciy(a)

hand, your left kinamâhtinisk(a)

hand, your right kikicinisk(a), kinahiwin(a)

hand surgery, gets mâcishwakaniwan ocihcihk

hangover, has a âhkosîw ê-kî-minihkwêt macâskisikêw

headache, has a *têwistikwânês*

head and neck cancer, has âhkosiwininiw ayâw êkâ kâ-nitokotani-

waninihk ostikwânihk nêsta okwayâhk

head injury, has a wîsakishin pîkoshin ostikwânihk

head, your kistikwân(a)

heals kîkêw

hearing impairment or loss (deafness) môna kwayask osihtêw, nêsta môna

osihtêw

heart attack, has a kipicitêw

heartbeat irregularity, has môna kwayask itahaniniw otêhiy

heartbeat, has rapid kishîpâniniw otêhiy

heart block, has kipopaniniw otêhiy

heartburn, has wîsakâtatam nêsta paswêskoniw

heart condition, has *âhkosîw otêhiy*

heart-lung transplantation, gets a minâkaniwan mitêhiy nêsta mihpaniniw

heart murmurs, has notâkwaniniw otêhiy pêkwacaniw

heart, your kitêhiy

heart rate kâ-ispîhtaak mitêhiy

heart-rhythm irregularity, has môna kwayask itak mitêhiy

heart surgery, has open mâcishwakaniwan otêhîhk

heart transplant, gets a oshki-mitêhiy minakaniwan

heart tumors, has kitawikininiw kêkwâniw otêhîhk

heart-valve disease, has *âhkosîw otêhiyapihk*

heart-valve replacement, has acitaniwaninihk otêhiyapiy

heatstroke or heat exhaustion, gets osâmâhkisiw

heavy pressure, feels a sôhkamahcihtaw

heel, your kitôtan(a)

heel spur mitôtan ê-nitawikihk

heel spur removal *ê-otinikâtêk kâ-nitawikihk mitotanihk*

hemiplegia (Hemiparesis) (condition in which one-half of a patient's body is

paralyzed)

âpihtaw ishikan êkâ ê-wîyawihk

napatê nipowipaniw

hemisphere (half) *âpihtaw mistikwânihk*

hemoglobin mihkohk

hemophilia (rare bleeding disorder in which your blood doesn't clot normally)

mihkowâspinêwin êkâ kâ-watowapanik

hemorrhaging, is *mihkowipaniw*

hemorrhoids, has wanawîtiyêpaniw

hemorrhoid removed, gets a *ê-mâcishocik wanawîtiyêkanak*

hemorrhoids (piles), has papêsko mihkowiyâpiya

hepatitis, has miskonâspinêw

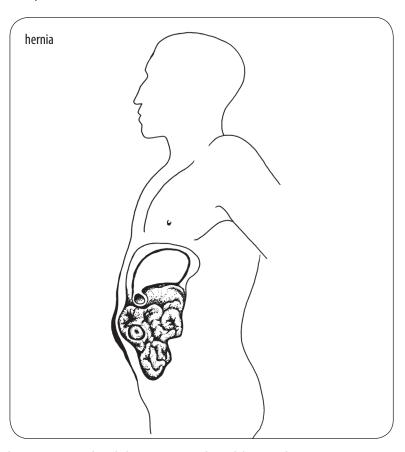
hepatitis, viral miskonāspinēwin manicôsh

hereditary âniskêpaniw micishanik

hernia, has a wanipaniw pashkocêpaniw

hernia repair, gets femoral- (surgical procedure performed to reposition the tissue that has come out through a weak point in the abdominal wall)

mishwakaniwan êshi-pashkocêpanihk



hernia repair, gets hiatal- (surgeon will tighten the opening in your diaphragm to keep your stomach from bulging through) shicîstahikatêniw okipwan

hernia repair, gets incisional- (surgical procedure performed to correct an incisional hernia)

mishwakaniwan ê-pashkocêpanit

herpes, has pîkopaniwi

kapak macâspinêwin herpes, has genital

herpes, has simplex (cold sores,

fever blisters)

pîkopaniwina

hiatal hernia (symptoms such as heartburn, nausea, and regurgitation), has

wîsakâskikanêw

hiccups, has the otwâwêw

high grade (cancers that tend to spread

quickly)

watakami misitêpaniw âhkosiwin kâhaskoshtâtikwak

hip, your back kikishkicênan otana

hip, your front kikishkicênan nîkân

hip dislocation, has kotikopaniw

hip fracture, has a kâ-pikotokanêpanit

hip nailing for hip fracture mitokani-sakahikan

histamine (important protein involved in kipicwepahikana ka-maciskakot kekwana

many allergic reactions)

HIV infection & AIDS, has macâspinêwi-manicôsh

hives, has papêskopaniw

Hodgkin's Disease (cancer that affects

the lymph system), has

âhkosiwin minikohk

homocysteine (amino acid in the blood), mihkohk kâ-wicitwamakak

has

homesick, is kiwatênimow

homophobic, is koshtêw kâ-nôciânici wîci nâpêwa nêsta

piko wici iskwêwiniw kâ-nanicistawat

homosexual, is wîci-iskwêwa nêsta piko wîci-nâpêwa kâ-

wîcêwat

hospital *âhkosîwikamik(wa)*

hot, is kisisow

hot pack kishisikan(a)

hygiene pamîtisowin(a)

hypersensitive (being allergic to life), is wataki maciskakow kêkwâniw

hypertension (high blood pressure), has ishpakêpaniniw oko

hyperthyroidism (overactive tissue within the thyroid gland), has

osâmi-âpatisimakaniniw minikok

hypochondriasis (health phobia), has kâ-nanêcistak wî-papimâtisiw ê-nanicit

hypothermia, has *âhkakwaciw*

hyperactive, is kinomasiw pinasiw

hypochondriac, is *âhkosiwinênimow tashinê*

hysterectomy (abdominal) with removal of tubes and ovaries, gets a

manispayêpitit ê-pishishikopitit

hysterectomy (abdominal) without removal of tubes and ovaries hysterectomy (yaginal) with

hysterectomy (vaginal) with bladder/rectal repair, gets a

manispayêshwakaniwan

oshiakaniwan otakak oninik nêsta ociskihk

hysteria kîshkwêpaniw

immune system kâ-ohci-mashkawi-pimâtisinâniwak

immunodeficiency disease (bubble boy nôhtêpaniw kâ-ohci-mashkawi-

disease), has *pimâtisinâniwak*

immunization, gets an cistwâkaniwan

impetigo, has omikîwiw

impotent, is *môna kikishocêw, môna cimasow,*

môna kikishwashkocêw

incest tipinawê opêshotakomakana kâ-nôcîhat

incision *mâcishikôwin*

incisor tooth mishkîshikwâpit(ak)

incontinent (not able to control bowel *môna kinakanam omîsîwin nêsta piko*

movements or urination), is shikowin

indigestion, has manashkatêw

infarction (area of dead brain tissue) *êshi-nipîmakak mînitihp*

infection *pîkopaniwin minîwipaniwin*

infectious, is *âhkosîw*

inflammation, has mihkwahokow

influenza (flu; grippe), has the kihci-otakikomow

ingests it kohcipanitwâw

inhales iskwatatâm

inherited *âniskêpaniw*

injection cîstahokôwin

inoculated, is cîstahikani natohkononiw mînâkaniwan

insect, is bitten and stung by an mâkwamikow nêsta cîstahokow manicôsha

in situ cancer (cancer that involves only the place in which it began)

kâ-ohci-nitâwikihk âhkosiwin kâkoshtâtikwak

insomnia, has môna kî-nipâw, êkâ kâ-kî-nipât

insulin shôkâwâspinêwi-natohkonon

intelligence quotient (IQ) kakêtawênimowin

intercerebral hemorrhage (a blood vessel in the brain ruptures and causes bleeding into the surrounding

brain tissue), has

pâshkocêpaniw mihkoyapiy mînitihpihk

intestinal obstruction kipotakishêpaniwin

intestine, large, your kimistakishân

intestine, small, your kitapishatakishân

intensive care unit (ICU) okihci-âhkosiwin kâ-ishi-akamîcik

intermittent ayasiwê nanêkiskaw

intracerebral hemorrhage (ICH) (subtype of intracranial hemorrhage that occurs within the brain tissue itself), has

pîhci-mînitihpihk ê-mihkowak

intrauterine device (IUD)

pîhtawê kâ-kishkikâtêk kipitahikan kipwapiskicicikan kipahikan

intravenous tâpâpikêshin intravenous pyelogram (IVP) (x-ray of the kidneys and urinary system)

mitêhtikosowak nêsta kâ-ohcishîhkikananiwak shâpwâpahcikan

invasive (cancer that has spread beyond its point of origin)

âhkosiwin âshay kâ-misitêpanihk

irrigation

irritable bowel syndrome, has

mamatashkatêwin

ê-ishiciwan

ischemia (restriction in blood supply), has kipapikêpaniw mihkoyapiya

ischemic penumbra (area of the brain

kê-kîshi-macitaniwak mistikwânihk

tissue that can be saved), has

minîtic mistikwânihk ê-nipîmakak

ischemic stroke (death of an area of brain tissue), has

isolation, is in

kipwaakaniwak ê-kanawênimit, pakan ê-

kanawênimit

reverse isolation

ê-apaot

itches

kinakisiw

jaundice, has osâwipaniw

jaw, your kitâmihkan(a), kitâmikanikêkan(a)

joint, your kitakitawikanan(an)

joint replacement, gets a minakaniwan oshki-akitawikanana

keloids (tough, irregularly shaped scars that progressively enlarge), has kâ-ati-nitâwikiki ê-ocîsisinâniwak

ketoacidosis (potentially life-threatening complication in patients with diabetes mellitus), has

maci-wîyâs môna shâkôc koshtâtikwan âhkosiwin, âhkosiwin kâ-koshtâtikwaninihk haskâ shakawaspinêci ohci

kidney disease, has

mitêhtikosiwiyâspinêw

kidney infection, has acute

mitêhtikoso âhkosiw

kidney infection, chronic

mitêhtikosway tashinê âhkosiw

kidney, your

kitêtikosway(wak)

kidney removed, has a

otinimâkaniwanwa otêhtikoswaya

kidney stone(s) removed, has

otinimâkaniwanwa asinîya otêhtikoswak

kidney transplantation, gets

oshki-mitêhtikoswaya mînâkaniwan

kneecap removed, gets a

okitikwa otinimakaniwaniwa

knee, your

kikitik(wa)

knee pain, has

têwikitikwêw

laceration	mâcishikâsowin
laceration repair, gets a	mâcishwakaniwan, mâcishikasowinihk
lactose intolerance, has	côcôhshinaponoy môna kinipâwistam
large-intestine cancer, has	âhkosiwinini ayâw omisitakishanihk
large-intestine polyp	nitawikininiw kêkwâniw omisitakishanihk
laryngectomy (surgical removal of larynx or voice box), gets a	mâcishikatêniw otakotakan
laryngitis, has	êkâ kâ-kipaspiwêt
laryngoscopy (examination a doctor uses to look at the back of the throat), gets a	nanâtomikowin pîhci-mikôtashkwak
larynx, your	kikôtashkwêyapiy(a)
larynx cancer, has	âhkosiwin êkâ kâ-nitokotaniwak mikotash- kwak
larynx removed, gets a	otinikâtêniw omikôtashkway
cut, (destroy or fuse cells), gets	kâ-mashkawak ê-nipataniwak kâ-koshtâ- tikwak
last period (menopause), has her	mâcic ê-ati-pônîkot otôshkinîkiskwêwin kâ-ati-poni-pîsimaspinêt
latent (fingerprint whose presence is not obvious)	êkâ kâ-pêyatênâkwak micihci masinasowak
laxative	mîsîwi maskihkiy
lead poisoning, has	ashkihkomani piscipowin

leg, your kiskât(a)

leg muscles, strains his/her kiskiciw oskâtihk omashkawinanihk

leg pain, has têwikâtêw

Legionnaire's Disease [lung infection (pneumonia) caused by a bacterium], has

mihpani-âhkosiwin

lesbian iskwêw kâ-nôcihat wîci-iskwêwa, kâ-

wîcêwat iskwêwa

lesion (diseased or injured area of the

body), has a

kâ-ishi-âhkosit wîyawihk

lethargic, is *môna sâpâtisiw*

leukemia, acute (cancer of blood

forming tissues i.e. bone marrow), has

âhkosiwininiw ayâw omihkohk

leukemia, has chronic nâspici mihkowâspinêw

leukopenia (abnormally low

numbers of white blood cells), has

ê-nôhtêpanit

libido kâ-akâwatat

lice (head lice; body lice; crabs), has mitihkomiw

life cycle pimâtisiwin, pimâtisiwikênimow

lifts up ishpipanit

ligaments, your kicêstatêyapiya

linear accelerator (machine for

radiation therapy)

kâ-mashkawak shâpwâpahcikan

liposuction, gets otahikatêniw wînin otacikan

lithotripsy (shock wave treatment for

kidney stones), gets

ê-koshkowêsocik asinîyak mitêhtikosok

liver cancer, has *âhkosiwiniw kâ-koshtâtikwaninihk*

oskonihk

liver disease, has miskoniwâspinêw

liver, your kiskon(a)

liver transplant, gets a oshki-miskonêw

lobectomy (surgical removal of a lobe

from lung or liver), gets a

ê-otinikâtêk kâ-nitawikihk mihpanihk nêsta

piko miskonihk

local anesthesia, gets a nîkân mâcishikêwinihk

localized cancer (cancer has not spread

to other parts of body)

âhkosiwin êkâ êshkwa ê-kitotêmakak

pêyakwayêk piko ê-itakwak

lockjaw, has *micimotâmikanêshkâw*

low grade (cancer that grows slowly) âhkosiwin kâ-pêkâci-nitâwikihk kâ-

koshtikwak

lumbar spine (spinal tap), gets a owâwikanihk ê-otinikâtênihk

lump, has a *piskosiw*

lumpectomy (surgical removal of breast

tumour), gets a

ê-mâcishot ê-otinikâtênihk ocohcôshimihk

kêkwâniw ê-nitawikininihk

lung abscess, has minîwiw ohpanihk

lung cancer, has mîhpanihk âhkosiwininiw ayâw

lung, your kîhpan(a)

lung resection, gets a *ê-minonimici ohpana*

lung transplant, gets a oshki-mîhpana mînâkaniwan

Lyme Disease, has mistiko-manicôshik âhkosiw

lymph edema (tissue swelling), has pâhkipaniw wîyawik

lymph glands, your kinîkwak

lymphoma, Non-Hodgkin's (cancer âhkosiwin onîkihk kâ-ohci-kicipanihk

that begins in lymph nodes)

lymph system minîkwak êshi-âpatisicik

ê-mihkwâk pîhci-mitônihk macositis (see Stomatitis) (inflammation of the mucous lining of any of the structures in the mouth) ê-ati-mânâtak mishkîshik macular degeneration of the eye, has magnetic resonance imaging (MRI) shâpwâpahcikêwin (procedure that produces a picture of internal organ on computer using magnetic field) malaria, has sakimêwâspinêwin malignant (cancerous growth), it is kâ-koshtâtikwak âhkosiwin marfan syndrome (growth of the aorta kihci-mitêhiyapihk êki-acowinikatêk was indeed reduced), has micôcôshima shâpwâpahcikêwin mammogram cihcîshak kâ-shâpwâshtêpanîcik manic-depressive illness, has kôhpâtênimowiyâspinêwin pakwatam tashinê marijuana maci-pîhtwâwin marrow, your kiwîn mastectomy, gets a modified radical kâ-otinimimici cîcîsha mastectomy, gets a partial paski ê-otinimici ocôcôshima mastitis (breast abscess), has minîwicôcôshimew ashpishimowin(a) mat measles (red measles; rubeola), has mihkopaniw

âhkosiwin

medical condition

medic alert witamakêwi itâspinêwin ohci

medical history natohkononi tipâcimikosiwin

medication natohko-iwêwina

melanoma (skin cancer), has mishakawi âhkosiwin kâ-koshtâtikwak

melanoma removed, has *ê-otinikâtênihk mishakawi âhkosiwin*

membrane wiskwêshakêwin

memory problems, has môna kikanôkêw

meningitis, has aseptic (illness characterized by serous inflamma-

tion of the linings of the brain)

êshi-wiskwêtik ê-pâhkipanihk mînitihp

meningitis, has bacterial (meningitis is usually caused by a viral or

bacterial infection)

êshi-wiskwêtik ê-pâhkipanihk mînitihp manicôsh ohci

menopausal, is otoshkinikikwêwin itêhkê pîsimo-

wâspinêwin ê-ati-ponîkot

menopause *ê-nakatikot otôshkinîkiskwêwin*

menstrual period, has her otitikow otôshkinîkiskwêwin

menstrual periods, has late pwâshta otitikow otôshkinîkiskwêwin

menstrual periods, has painful or heavy mistahi nêsta piko wîsakênitamîkow

otôshkinîkiskwêwin

mental system *mitonênicikanihk êshi-pimohtêmakak*

metastasis (cancer that spreads from first cancer site to other parts of body),

has

âhkosiwi kâ-koshtâtikwak kâ-atohtêmakak

middle cerebral artery, your tastawin mînitihpi mihkwêwiyâpiy

midwife kâ-kishkapikêshikêt

migraine headache, has a kihci-têwishtikwânêw

mind, your kimitonênihcikan

miscarriage, has a oshokow

mitral valve prolapse (most common

heart valve abnormality), has

osâm mitêhiyapiy kâ-wanikihk

molar mistâpit(a)

mole, your kimînim

(MAO) (class of powerful anti-

depressant drugs)

mikoshkatênitak

mononucleosis, infectious (kissing

disease)

ocêhcikêwi âhkosiwin

morning sickness during pregnancy, has *ê-kîshêpâyâwi âhkosit ê-kishkawâwasot*

ohci

motion sickness, has kishkwêyêawikow

motor nerve, your kisitôsiwin

mouth or tongue tumor, benign mikonêhk nêsta piko mitênanihk kâ-

nitawikihk

mouth, has a dry pâkotonêw

mouth, has a sore pîkotonêw

mouth, has a tingling kîskimitônêw

mucositis (sores found in mouth and *pîkotonêpaniw nêsta pîkotashkwêpaniw*

throat), has

mucous miniy

mucous membrane minîwishakay kâ-shipikak

multiple myeloma (primary bonemarrow cancer), has

multiple sclerosis (MS) (nervous system disease that affects your brain and spinal cord). has ahkosiwin ministikwanihk nesta wawi-kanihk miyaw ka-ohci-apatisimakak

muscle ache, has a *têwi-mashkawinanêw*

muscle cramp, has a ocipitikopaniw

muscle weakness, has nînamisiwi mashkawinanêw

muscle, your kimashkawinan

the human body), has

muscle relaxants mashkawinanihk kihci-pahkicîstak

muscular dystrophy (group of *ê-nînamisicik mashkawinanak mîyawihk* genetic, hereditary muscle diseases that weaken the muscles that move

musculo-skeletal system (organ mashkawina nêsta miskana kê-ohci system that gives humans and pimâtisit ininiw nêsta awiyâshîsh animals the ability to move)

myelogram (x-ray of the spinal *ê-shâpwâpahcikatêk wâwikêkan* cord), gets a

myeloma (cancer that forms in ribs, spinal column or pelvic bones), has

**ahkosiwin êkâ kâ-kintokotaniwak mispayak nêsta wâwikanikêkanihk nêsta piko mitokanihk

manikashênâkaniwan nail removed, has a

natohkonona kâ-mashkawaki narcotics

mitênikomihk kâ-nitâwikiki nasal polyps

otinimakaniwanwa okotihk kânasal polyps removed, has

nitâwikininiki

pwâkomowimacihow nauseated, is

nearsighted, is tahkwâpin

nebulizer (device used to administer medication to people in the form of a mist inhaled into the lungs) âpacihtâwin maskihkiya pitacwêpanîkan

neck, your kikwâyak(a)

neck pain, has têwikwâyêw

needle shâponikan(a)

nerve-block local anesthesia nisitôsiwin

kisitôsiwin(a) nerve, your

nervous, is ninikênimow

nervous breakdown, has a môna kipimatênimow

neuro-muscular system (combination of the nervous system and muscles, working inanihk, kahkinaw ê-âpatisimakaki

together to permit movement)

neurological (relating to the body's

nervous system)

kahkinaw môshohowinihk nêsta mashkaw-

nisitôsiwinihk mîyawihk

neurologist *nisitôsiwi-maskihkiywi-ininiw natohkonon*

nitrous oxide (laughing gas) pâhpiwi maskihkiy

nosebleed, has a pashkoshtonêw

nose fracture, has a pasikipaniniwa okota, pîkokotêshin

nose, your kikot(a)

nose, has a stuffy or runny kipocashêw

nostril, your kitênikom(ak)

nuclear medicine kâ-mashkawâk maskihkiy

numb, is kîskimisiw

numbness, tingling or prickling kîskimisiw, cîscitonêsiw

nurse practitioner natohkononi-iskwêw, maskihkîwi-iskwêw

nutrient *kâ-mîcimishkâkêmakak*

nystagmus (eye jumping), has kâ-kwâkwêyâpipanihk

obese, is kihci-tâhcipow

obsession, has an tashinê kinocîkon ê-mikoshkahikot

obsessive compulsive disorder mitonênicikanihk koshkatênitam

awâshishiwi iskwêwi natohkonon obstetrician-gynecologist

occult blood (blood that is not seen by

naked eye)

êkâ kâ-wâpahcikatêk mihko

occlusion (patching of a person's good eye) akocâpapisot

occupational therapy, gets wicîkosiwin kê-ohci pimâtisit

ointment nitominikan(a)

oncologist [branch of medicine

dealing with tumors (cancer)]

natohkonon kâ-nôcitât âhkosiwininiw kâ-

koshtâtikwaninihk

oncology (study and treatment of cancer) âhkosiwin atoskêwin kâ-koshtâtikwak

âhkosiwin nêsta êshi-nanatawi-

kiskênihcikatêk

operation, gets an mâcishwakaniwan

oral mitônihk ohci

oral cancer, has mitônihk âhkosiwinini ayâw

orthopedic surgeon (uses surgical,

medical or physical means to investigate, paskêsiwina preserve and restore functions to a patient's extremities or spine)

maskihkîwininiw kâ-nanatawi-kiskênihtak

paski miskan ê-manishikâtêk ostectomy, gets a

ê-mikwâk miskan osteitis, has

osteoporosis, has miskanâspinêwin

ostomy (surgical procedure that pahkonêshwakaniwan

connects internal cavity of body to an opening outside the body), gets

otoplasy (ear plastic surgery), gets mihtawakay ê-oshîhtaniwaninihk

ovarian cancer, has iskwêwi-wâwi-âhkosiwin kâ-koshtâtikwak

ki-wâwim(a) ovary, your

ovulates ê-ati-wâwit iskwêw

ki-wâwim(a) ovum, your

nênêwin oxygen

Р

pacemaker, has a inserted pîsimomakana minakaniwan iskocês

pain, is in wîsakênihtam

pain, has an achy tatêwisiw

pain, has a dull *têwisiw*

pain, has a prickling *cîhcîhsinêsiw*

pain, has a sharp wîsakipaniw

pain, has a throbbing pahkahkamahcihtâw

pain scale, one to twenty inikohk têmâcitat

palate, your kinakask(wa)

palliative care, is in kâ-ati-nipit ê-nanakacît

palm, your kinaskicihcân(a)

palpitations, has papahkahan mitêhiy

pancreas, your ki-wîs(a)

panic disorder, has sêkisiwiyâspinêw

pap smear, gets a kâshkahâkaniwan

paralysis, is in môna nisitôsiw

paranoid, is kociyâspinêw

parasite manicôsh

parkinson's disease nanamispinêwin

passed out (from alcohol), is pakitâskisikêw, kawâskisikêw

pathological examination, gets a *ê-nanatawi-kiskênihcikatêk mîyaw*

pathology (study of disease/tissues) *ê-natawi-kiskênihcikâtêki âhkosiwina*

pediatrician awâshishi-natohkonon

pelvic examination, gets a *mitônihk nanatawi-kiskênihmakaniwan*

pelvic inflammatory disease (PID) mitôkanâspinêwin

pelvic ultrasonography mitôkani

pelvis, your kitôkan(a)

penile implant, gets a oshki-mîtakayêw

penis cancer, has *âhkosiwininiw kâ-koshtâtikwanini*

wîtakâhk

penis, your kîtakay(a)

peptic-ulcer surgery (surgery to treat the mâcishikêwin complications of peptic ulcer disease especially destruction of the protective lining of the gastrointestinal tract that

leads to ulcer craters), gets

perceptual mîna mîna tashinê

perforation pakonêyaw

pericarditis, has acute (inflammation of

the sac surrounding the heart)

ê-pahkipanihk êshi-wiskwêtik mitêhiy

periodontal surgery, gets mîpiti mâcishikêwin

periodontitis (gum inflammation), has *ê-pahkipanicik wîyâsâpitânak*

репосония (дин шпаншасын), наз — е-ранкіранісік жіуазарнана

peritonitis (inflammation of the peritoneum, the thin membrane that lines the abdominal wall and covers the organs within), has

ê-pahkipanihk kâ-ishi-wiskwêtiki mitakishik pitakanowa phallus (can refer to a penis, or to an object shaped like a penis)

mîtakâhk kâ-ishinâkwahk

pharmacy

natohkonikamihk(wa)

phlebitis (inflammation of a vein)

ê-pahkipanihk mihkoyâpiy

phlebotomy (procedure that removes blood from the body), gets a

ê-otinikâtêk mihko mîyawihk

phobia, has a

koshtaciyâspinêw

physical therapy

ê-kiwêsapît

pills

natohkonona

pimples, has

pîkohkwêpaniw

pink eye, has

mihkwâpiw

placenta, your

cîcîs otapishkwêshimowin

plasma

mihko

plastic and reconstructive surgery, gets

mâcishikêwin

platelet (small blood cell needed to stop bleeding)

0

platelet anti-aggregant (platelet

mihko

inhibitor)

platelet count

ê-tahtihki mihkohk

pneumonectomy (surgical removal of entire or part of lung), gets a

mihpan paski ê-manishot

pneumonia, has bacterial

pâhkihpanê

pneumonia, has viral

pâhkihpanêpaniw manicôsh kâ-itôtak

mihkohk kê-ohci-ponipanihk ê-mihkowak

poison ivy piscipowini-mashkoshiy

polyp (growth that develops in kâ-nitawikihk kêkwân miciskishik onînîhk colon, bladder, uterous, vocal mispavâhk mishkotashkwavak nêsta

cords or nasal passage) piko mitênikomihk

postpartum depression, has kohpatênimow kâ-ishkwâ ocicishimit

pwamashi oshiomakak âhkosiwin kâprecancerous, is

koshtâtikwak

pregnant, is kanoshkatâwasow kishkawâwasow

prematurely, ejaculates nohtê-pahkicipaniw

premature labor, has wîpac âhkosiw

premenstrual syndrome (PMS) âhkosiwin kâ-ishkwâ-nakatikot

otoshkinikiskwêwin

ashocishin press into bed

kâ-itocikatêki kêkwâna êkâ kihci-ikihk preventative measures

kêkwân

cicîstahokon prickling sensation, has a

cicîstahokow itamahcihow prickly heat, experiences

proctitis (inflammatory bowel disease), pahkitakishêyâspinêw

has

êshi-mîskat otâhkosiw prognosis

êkâ kâ-kinitohkonotaniwaninihk prostate cancer, has

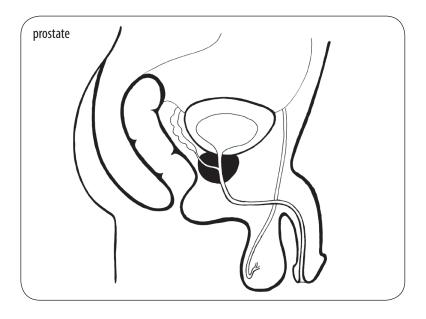
âhkosiwininiw, onînîhk

prostate, has an enlarged pahkipaniniw oniniy

prostate gland, your kitôniniy

prostate gland removed, has his manishomâkaniwanwa oniniya prosthesis (artifical replacement of paskêsowikân(a) missing body part) pruritis ani (anal itching), has kinakiciskêw kinakashakêyâspinêw psoriasis, has psychiatrist (treating mental disorders) mitonênicikani natohkonon psychoanalysis (devoted to the study of kiskinôhamâsowin ininiw êshi-pimâtisit human psychological functioning and omitonênicikanihk nêsta otihtiwin behavior) psychologist (study the human mind mitonênihcikani natohkonon and human behavior) psychopathic (chronic immoral and kîshkwêw antisocial behavior), is psychotic (serious but treatable medical môna kwayask ihtiw omitonênihcikanihk condition that reflects a disturbance in brain functioning), is oshkinîkiwin puberty pulmonary (pulmonary arteries mitêhiyâpiya carry blood from heart to the lungs) pulmonary edema (fluid accumupitapawêniwa ohpana lation in the lungs) pulmonary embolism (blockage of kipopaniniw ohpaniyâpiy the pulmonary artery or one of its branches) pahkahan pulse, has a miniy pus

quiet *ciwêyaw*



R

rabies, has awîyâshishiwi-âhkosiw

raised toilet seat apâstêw macaskihk

range of motion, your *êsko têpinak*

raped, is moshêpitâkaniwan

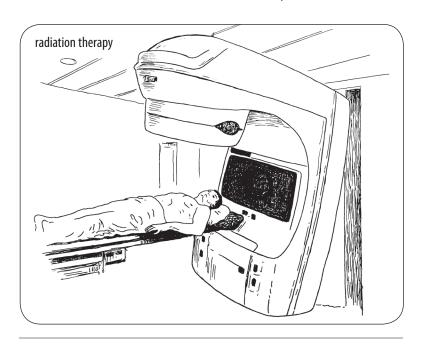
rape crisis syndrome kâ-ocinêt êki-moshêpitit

rash with fever, has mihkopaniw

Raynaud's Phenomenon (fingers turning white after exposure to temperature changes or emotional events) wapinêwipaniw

reach, is able to

kashkihtaw ê-têpinak



rectal cancer, has *âhkosiwininiw ayâw ociskihk*

rectal exam nanâtomakaniwan ociskihk nêsta piko kâ-

ohci-misit

rectal or colon-polyp removed, has manishikatêw kêkwâni kâ-nitawikikihk

ociskihk nêsta piko otakishik

recto-vaginal-fistula repair, has a oshiakaniwan ociskihk nêsta wîtakahk

rectum, your kicisk(a)

recurrence/relapse, has a mîna kiwêpaniw

red blood cells kâ-mihkosicik mihkohk

red blood count (RBC) *ê-âkimicik kâ-mihkosicik mihkohk*

redness, has a *mihkwahokow*

reflexes, has kwâshkwêhokow

regenerates kiwê-nitâwikîtisomakan

regional involvement (spread of cancer

from its original site to nearby organs)

ê-ati-kitotêmakak âhkosiwin kêshiwak

pitakonok

regurgitates (to vomit) pwâkomow pwâkomototam

Reiter's Syndrome (one form of

reactive arthritis)

miskanâspinêwin

relapse, has a kiwê-otitikow mîna otâhkosiwin

relative, your kîcishân(ak)

remission, is in *ponîkow otâhkosiwin*

renal otehtikosoy ohci

renal dialysis, gets kitishtapwanimâkaniwa otêhtikosoya

renal failure, has acute kipiciniwa otêhtikosoya nakiskaw

renal failure, has chronic nâspici ponîkow otêhtikosoya

reproductive organs, female iskwêw kâ-ohci-nitawikîwêt

reproductive organs, male nâpêw kâ-ohci-nitawikîwêt

reproductive system, your ki-ohci-nitawikiwêyan

respiratory system nênêwin kâ-ohci-pimohtêmakak

resects (to remove) *ê-otinikâtêk*

retches *pêkatêw*

retarded, is nôhtêpaniw

retina, your kiwâpowin

retinal detachment, has anêtokapêtanêtokayanênêw-kanêtashimo

rhinoplasty and septoplasty (plastic

surgery of the nose), gets

ê-oshîmici okota

rib, your kispakay(a)

ringworms, has omanicôshimow otakishik

risk factor ta-ohci-nanêsanisiw

Rollator (a walker with 4 wheels) pimohtêwin kâ-nêwiki titipakitoanisha

root canal therapy, gets *ê-wicît wipitik*

roseola infantum (rose rash of infants) *ê-mihkwaokot oshki-awâshish*

roundworms, has omanicôshomow

sad, is pakwâtam

saline, it is shiwitakanâpoy

salivary gland disorders, has *âhkosiw osikowini onîkwa*

salivary glands, your kisikowi, onîkwak

salivary-gland-tumor removed, has otinikâtêniw kâ-nitawikininihk osikowini,

onihkok

micêstatiyapiwi nêsta piko mashkawinan

salmonella infection, has a piscipow

sane, is wâskamâtisiw

sarcoma (cancer that develops in

soft tissue such as cartilage or muscle) âhkosiwin êkâ kâ-kinitohkonotaniwak

,

scabies, has kinakashêyâspinêw

scales *pinashêkêw*

scalp, your kisakatip(a)

scan (procedure to study brain, shâpwâmakaniwan wîtihpihk oskanihk

bones and other organs for disease), has a *nêsta kotakiya opitakanok*

scared, is sêkisiw

scarlet fever, has *mihkopaniw*

schizophrenic (chronic, severe,

and disabling brain disorder), is

kishkwêpinêw

sciatic nerve, your wâwikanê môshohowin

scleritis (serious inflammatory disease that affects the white outer

coating of the eye), has

mishkîshikoyâspinêw

scleroderma (progressive system

sclerosis), has

ati-âhkosiw otêhtikosok

scoliosis (curvature of the spine), has

wakaniw owâwikan

scrotum, your

kitishoway

scurvy, has

mîyâsapitêyâspinêw

seasonal affective disorder (SAD),has

kohpatênimow ê-ati-kwêskayanihk

secondary infection, has

naskawi âhkosiw

sedative

kâ-nipêshkâkêmakak

seizure disorder (epilepsy), has

ocipitikow

self-care

pamîtisowin

self-pity, has

kihtimâkênimitisow

senile dementia, has

wanikihkâw

sensation, has

nisitisow

sensory

kâ-ohci-nisitisot wêpinikanihk ohci

septic serum

natohkonon

sexual dysfunction, female

iskwêw êkâ nitawikîwêt

sexual dysfunction, male

napês êkâ nitawikîwêt

sexual intercourse, painful for man

nâpêw ê-akwahikot ê-omashot

sexual intercourse, painful for woman

iskwêw ê-akwahikâkot ê-omashot

sexually active, is

kêyâpic kashkihtaw kihci-wicêwat

shivers *ninikaciw*

shock or breakdown kihci-koshkopaniw

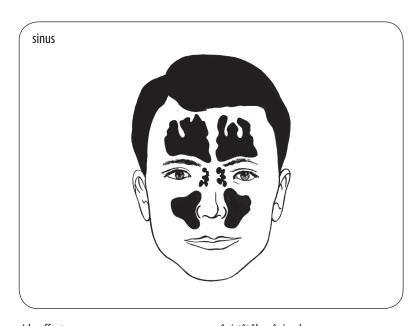
shoulder blade, your kitiniy(ak)

shoulder, frozen akwaciw otimanihk

shoulder pain, has *têwitinêw*

sick, becomes ati-âhkosiw

sickness *âhkosiwin*



side effect

mâni-tôtâkonâniwak

signs

nôkosiw

silicosis (occupational lung disease caused by inhalation of crystalline silica dust) âhkosiwin ê-ospatacikatêk

simulator (preparation for radiation

therapy)

wa-ati-shâpwâpamit

Sjogren's Syndrome (causes symptoms that include arthritis, dry mouth, lips and eyes, leading to eye pain), has

miskanâspinêw ashic ê-pakokonot, ê-pakotonêt, ê-pakocâpic, ê-ati-têwapit

skeleton, your kimîyawihkan(a)

skin, your kishakay(a)

skin rash, has a *pîhkwashakew*

skin, has bumps on the papêskwashakêw

skin cancer, has ayâw âhkosiwininiw êkâ kâ-kinatohkono-

taniwaninihk washakâhk

skin graft, has a *mishwâkaniwan oshakâhk*

skin lesion removed, has a manishikâtêniw washakâhk

skin peels, your *pôshashakêpaniw*

skin problems (child under age 2), has washakawâspinêw notaw nîsho êtato

piponêsit

skin problems (person over age 2), has washakawâspinêw notaw nîsho êtato

piponêsit

skin tests for allergy, gets nanâtomakaniwan ê-manitotakokwê

kêkwâniw washakahk

skull, your kistikwânikêkan(a)

skull, the back of your otânâhk kistikwânikêkanihk

sleep apnea, has kiposhkotashkwêkwâmiw

sleep inducers kâ-nipêshkâkonâniwak

sleeping problems, has môna kwayask kî-nipâw

sleepy, is *wî-nipâw*

slides over ishi-shôshkopaniw

sliver, has a shêkokicishin

sliver in his/her foot, has a shêkokicisitêshinin

smallpox, has *pihkoshakêpaniw*

small bowel resection, has a *mishahikatêniw otakishîy*

small intestine tumor, has a nitâwikininiw kêkwâniw opishatakishînihk

snakebite, gets a *mâkwamikow kinêpikwa*

snowblind , is wiyasâpiw

soaks akohtin

sodium imbalance, has *pîcicipaniniw oshîwitâkan*

sole, your kinaskatisitân(a)

sonogram (an image, as of an unborn fetus or an internal body organ, produced by ultrasonography), gets a shâpwâpahcikaniw

sores, has pressure (bed sores) ishkishin

spasm, has a ocipitikow

speaking difficulty, has *ânimisiw ê-ayamit*

specialist kâ-kashkiot

speculum (instrument used to widen vagina opening to take samples)

tôpaskâpiskahikan(a)

sperm nâpêw otishowayâpoy

sphincter, your kiciskiwi, mashkawinan

spikes, temperature ishkêpaniw ê-kisisot

spina bifida (developmental birth defect caused by the incomplete closure of the embryonic neural tube), has wanikiw

spinal-cord tumor, has *nitawikininiw kêkwâniw owikanihk*

spinal fluid owikanâpoy

spinal anesthesia, gets kiskimiâkaniwan owikanihk êkâ

kihci-môshaot

spinal tap, gets a otahikatêniw kêkwâniw owikanihk

spine, your kiwâwikan(a)

spine, your back of the *otânâhk kiwâwikanihk*

spine bone, your kiwâwikan(a)

spine column bone, your kiwâwikanikêkan(a)

sprain or strain (pulled muscles), has a kotikopaniw

sputum, your kisikowin

sputum test, gets a nanâtomakaniwan osikowinihk

staging (process to evaluate how far cancer has spread), gets a

nanatawi-kiskênihcikatêniw inikohk kêtotêmakaninikwê âhkosiwininiw êkâ kâ-kinitokotaniwaninihk

stairs kospatawinâtik

staples removed, has one's otinikâtêniwa okashkikwacikana

staples kashkikwâcikana

steps, takes a otâmêw

sterilized, is payêkiakâniwan

sternum, your kitôtahsinâkew(a)

steroids mashkawinani mashkawisiwi natohkonon

stethoscope nanâtocikan(a)

stillbirth, has a nipiw ê-nitawikit awâshish

stimulant drugs kâ-kiciwêpaokonaniwak natohkonona

stomach cancer, has *âhkosiwininiw ayâw watak*

stomach cancer surgery, gets mâcishwakanawan watak ê-ayât

âhkosiwininiw êkâ kâ-kinitokotaniwaninihk

stomach, your kitay(a)

stomatitis (see macositis) (inflammation of the mucous lining of any of the structures in the mouth), has mihkokonêpaniw

stool *mêyi*

stool, abnormal appearance môna minwâshininiw omêyi

stool sample *mêyi kê-ohci-natawi-kiskênihcikatêk*

âhkosiwin

straightens kwayaskostâw, kwayaskopaniw

straightens his/her arm kwayaskopitonêstaw

straightens his/her leg kwayaskokâtêstaw

strains a muscle kiskêwakiw

strep throat, has âhkosi okotaskwâk

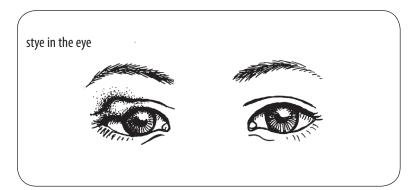
stretcher (ambulance) âhkosiwi-nipêwin

stroke, has a ocipitikow

stroke warning signs kâ-ohci-payatênâkwak awêna pwamâshi

ocipitikot

stung by wasp/bee, is ocîsiko âmôwa oskanâmôwa



stye, has a manicôshi-âpiw

suffers *ânimisiw*

suffocates kipwatâmow

suicidal, is *wî-nipahitisow*

suicide *nipahitisowin*

sunburn, gets a *pîsimwa-iskwâsikow*

sunscreen, uses pîsimwâponiw âpacihtâw

surgery, gets a *mâcishwâkaniwan*

suture kashkikwâcikan(a)

swab sample otinikâtêw

swallowing difficulty, has môna kwayask kî-kohcipanicikêw

sweats apwêsiw

swelling or lump, has a pâhkipaniw nêsta piskopaniw

swollen leg, has a pâhkikâtêw

symmetry (refers to the arrangement tapitaopaniki kahkinaw kêkwâna

of the body in pairs)

symptom *itâspinêwin*

symptom, has a itâspinêwin

syphilis, has macâspinêwin

systemic therapy (see chemotherapy) natohkonon ê-nipataniwak âhkosiwin êkâ

(drug used to kill cancer cells), getskâ nitokotaniwak

tailbone, your kisoy(a)

tapeworms, has omanicôshimow

tear, your kimishkîshikwâpoy

tear duct infection or blockage, has kipopaniniw kâ-ohci-ocikwâpit

tear duct, the opening of your kâ-ishi-pakonêyak kâ-ohci-ocikowâpit

teething, is sâkâpitêw

tenderness *têmoshinêsnêshinêw(pêw)*

tendonitis, has *micêstatiyâspinêwin*

tendon, your kiticêstatiy(a)

tendon repair, has mishwakaniwan ocêstatik

tennis elbow, has *mâhkitôskwanew*

tense, is wînaniciw

terminal cancer, has âhkosiwininiw aya êkâ kâ-

kinitokotaniwaninihk

terminal illness, has a *âhkosiwiniw ayâw kê-nipahikot*

testes, has undescended otishowaya môna minopaniwa

testicles or penis, has painful or wîsakitishowayêw nêsta piko

swollen *pâhkitishowayêw*

testicle, your kitishowayaw(a)

testicle removed, has a manitishowananikaniwan

âhkosiwininiw aya otishowak êkâ kâtesticular cancer, has

kinitokotaniwaninihk

testicular self-examination (TSE) nanâtomâkaniwan otishwavak

môna minwâshininik êki nanâtomit test results, has negative

test results, has positive minwâshininiw êki nanâtomit

micimotâmihkanêshkâw tetanus, has

therapist kâ-wîcîwêt

thermometer pîwâpisk

kicîwan(a) thigh, your

third molars mistâpitân(a)

thirsty, is kîshkâpâkwêw

thoracic spine (section of the spine

found in the upper back)

wâwikanikêkan ishpimihk otânâhk

omácishikéw máskihkanihk thoracic surgeon

thoracotomy (operation to open the

chest wall), gets a

mâskikani mâcishikêwin

throat cancer, has âhkosiwininiw ayâw okotashkwâhk êkâ

kâ-kinitokotaniwaninihk

kikotashkway throat, your

têwikotashkwêw throat, has a sore

thrombolysis (breakdown of blood

clots by pharmacological means), gets

thrombolytic (drugs are used in medicine to dissolve blood clots) natohkonona ê-âpata mihkok êkâ kê-

watowipanihk

natohkonona kâ-âpataki ê-watowipanihk

mihkohk

thrombosis (formation of a blood clot), has

watowipanihk mihkohk

thrombotic stroke [strokes caused by a thrombus (blood clot), has a]

ocipitikow ê-watowipaninihk omihkohk

thrush, has wâpitênanêyêw

thumb, your kimicihcân(a)

thumb, sucks his/her takwatêtam omicihcân

thyroid cancer, has *âhkosiwininiw ayâw okwatashkwâk*

onihkohk

thyroid gland, your kinîk(wak)

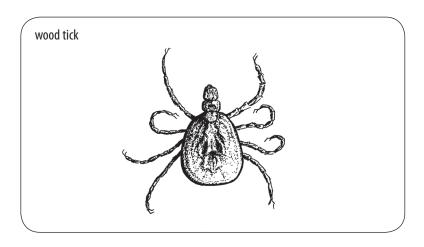
thyroid gland removed, has a otinimâkaniwanwa onîkwa okatashkwâk

thyroid nodule [nodule (lump) in your thyroid gland], your

kipiskoin ninikok okatashkwak

thyroiditis (inflammation of the thyroid gland), has

pahkinikwê okotashkwak



ticks, has otihkomiw

tinnitus (perception of sound within ciwêhtêw

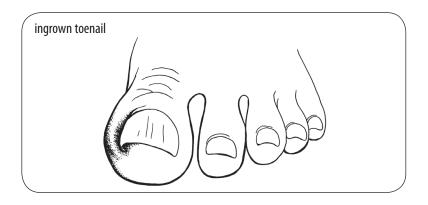
the human ear)

tired, is ayêskosiw

tissue *mîyâs*

toe, your kinînîkisitân

toenail, has an ingrown pîhtawêkiniwa oshkashiya onînîkisitanihk



toenail, your kinînîkisitani mishkashiy(ak)

tongue, your kitênaniy(a)

tongue, has inflammation pahkitênaniyêw

tongue, has a sore *têwitênaniyêw*

tonsil and adenoid removed, has a maninîhkwênâkaniwan

tonsillitis, has onihkwayâspinêw

tonsils, your kinîhk(wak)

tooth (teeth), your kîpit(a)

tooth abscess, has minîwâpitêw

toothache, has a têwâpitêw

tooth decay, has kâshkahtatiniwâ pitew

tooth extraction, has a manâpitêpisow

tooth, your front okishtokishtâpitân(a)

tooth grinding, has mamakwâpitêw

tooth replantation, has kiwê-nitâwikitâniwaniniwa wîpita

tooth (teeth), your kîpit(a)

tooth transplantation oshkâpitêwin

toxic reaction, has *piscipowinikow*

toxic, is *piscipowiniwan*

toxicity piscipôshkâkêmakan

toxic shock syndrome (TSS), has piscipôwishkâw

toxin *piscipowin*

tracheostomy (surgical procedure to make opening in windpipe), gets

okotakanihk

tranquilizer pînisahikan kâ-mashkawâk

transfusion mihkoniw ê-mînit

transient ischemic attack (TIA) ocipitikow

transmit âniskêpaniw

transmission âniskêpaniwin

transplant, gets a oshki-pitakaniniw mînâkaniwan

transplantation, gets a oshki-pitakaniniw ayâw

trauma pashinêw

trembles *ninikipaniw*

tube feeding, gets a tâpishin ê-ashamihk

tuberculosis (TB), has minîwâtâmêw

tummy tuck, gets a acowishwakaniwan watak

tumor kâ-nitawikihk kêkwân

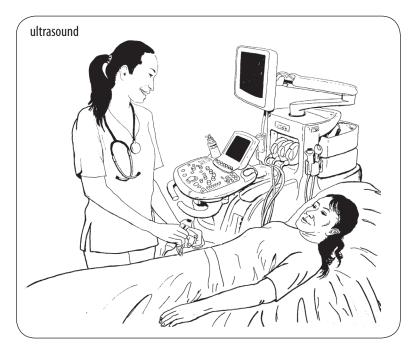
turns kwêskîw nêsta piko kwêskîpaniw

ulcer, has a peptic (acids that help digest omikîwan otayik food damage the walls of the stomach)

ulceration, has a omikîwan otayik

ultrasonography (ultrasound-based diagnostic imaging technique used to visualize subcutaneous body structures), gets shâpwâpahcikêwin

ultrasound, gets an shâpwâpamâkaniwan



umbilical cord mitisiyâpiy(a)

unconscious, is nipâw môna kiskênihtam

under shîpâ, shîpâhk

underlying kâ-itâkwak anita kêkwân

ureter, your (muscular ducts that propel shîhkîwiniyapiy shîhkîwin mitêhtikosok urine from the kidneys to the urinary pînish onînîhk kâ-ohci-ispanihk

bladder)

urethra, your (tube which connects the shîhkîwiniyapiy onînîhk ohci urinary bladder to the outside of the body) pînish wanawîtimihk mîyawik

urethritis (inflammation of the pâhki-shîhkîwinapikêpaniw urethra), has

urinary bladder, your kitoniniy(a)

urinary calculi (solid particles in the *mashkawâki kêkwâna shîhkîwinihk* urinary system)

urinary tract infection, has a *âhkosiw oshîhkîwinihk*

urinary tract, your kishîhkîwin kâ-ishi-pimpanihk

urinates shîhkîw

urinalysis, gets a *nanâtawi-kiskênicikâtêniw oshîhkîwin*

urination, has frequent tashinêsâsiw

urination, has lack of control môna kî-kiponam oshîhkîwin

urination, has painful wîsakênitam ê-shîhkît

urine, has abnormal color mânâkamininiw oshîhkîwin

uterine bleeding, has dysfunctional mihkowiw ospayâhk nêsta môna kwayask

pimohtêmakaniniw

uterine bleeding postmenopausal, has *mihkowiw ospayâhk kâ-ishkwâ-nakatikot*

otôshkinîkiskwêwin

uterine cancer, has âhkosiwininiw ayâw ospayâhk êkâ kâ-

kinitokotaniwaninihk

uterine prolapse, has wanawîpaniniw ospayaw

uterus, your kispayaw(a)

uvula, your kinênêpiman(a)

V

cîstahâkaniwan vaccination, gets a vaccine cîstahikani-natohkonon vagina, your kîtakay(a) vagina or vulva cancer, has âhkosiwininiw ayâw wîtakahk êkâ kâkinitokotaniwaninihk vaginal bleeding, has unexpected kêtahtawin mihkowiw wîtakahk vaginal discharge, has abnormal ocikawiw wîtakâhk êkâ ê-itispan kinakisiw wîtakâhk vaginal itching, has vaginitis, has bacterial witakâspinêw vaginitis, has monilial (infection or âhkosiw nêsta mihkwâniniw wîtakay inflammation of the vagina) vaginitis, has postmenopausal mihkwâniniw wîtakay kâ-ishkwâ-nakatikot otôshkinîkiskwêwin vaginitis, has trichomonal (trichomacâspinêw wîtakâhk êki-âniskê-mînikot monas infection is transmitted by kotakiya kâ-âhkosînici ê-kî-wîcêwât having unprotected sex with an infected partner) varicose vein removed, has a maninikâtêw omihkoyâpiy varicose veins, your kiminihkwêyâpiy(a) kipwâpikêpitâkaniwan nâpêw vasectomy, gets a vein, your kimihkoyâpiy(a) venereal disease, has a macâspinêw ventricles, your kimitêhiyâpiy(a)

vertebrae, your kiakitawi-wâwikanêkêkan(a)

vertigo (gets dizzy), has kîshkwêpaniw

virgin, is a êkâ êshkwa kâ-wicêwat nâpêwa nêsta piko

iskwêwa

virus *âkosiwin manicôsh*

vision disturbance or loss, has môna ati-wâpiw

visual activity mishkîshikohk kâ-itinâniwak

vitamin *mashkawisiwi natohkonon*

vitamin A deficiency, has nôhtêpaniw A-mashkawisiwi-

natohkononiw

vitamin B deficiency, has nôhtêpaniw B-mashkawisiwi-

natohkononiw

vitamin C deficiency (scurvy) nôhtêpaniw C-mashkawisiwi-

natohkononiw

vitamin D deficiency nôhtêpaniw D-mashkawisiwi-

natohkononiw

vitamin E Deficiency nôhtêpaniw E-mashkawisiwi-

natohkononiw

vitamin K Deficiency nôhtêpaniw K-mashkawisiwi-

natohkononiw

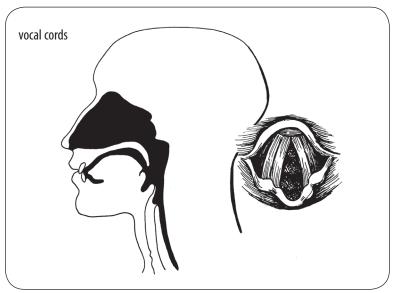
vocal-cords, your kitakotâkanapiy(a)

vocal-cord nodules, your kinîkwak kitakotâkanapihk

voice loss or hoarseness, has môna paspawêw

vomits *pwâkamow*

vomits (infant 0 to 6 months)oshki-awâshish pwâkamowvomiting, has recurrent attacks ofmîna pwâkamowvomiting, has a sudden attack ofkêtahtawin ohci pwâkamowvulva, yourkîtakay(a)



W

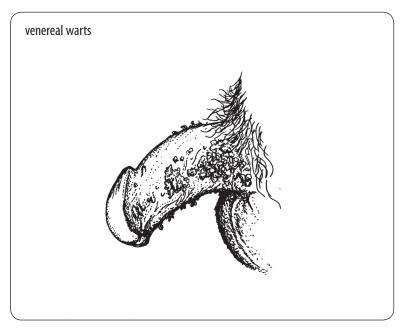
walker pimohtêwin(a)

warfarin (anticoagulant) êkâ kê-ohci-watowipanihk mihkohk

warm, is kisisow

wart, has a ocîhcîkomow

warts, has venereal ocîhcîmokow ocîhcâskâhk



weak, is nînânimisiw

weight, he/she is that ispîhtinikwatiw

weight, bears that much *êkwani êspîhtinikwatit*

weights (for exercising) kakwêcîwin(a)

weight gain, has ati-câhcipow

weight gain, slow (child 0 to 5 years) pêkâcikiw

weight loss, has nashîpâniw

wet, is nipîwiw

wheelchair âhkosîwi-têtapiwin(a)

wheezes ciwêtamow

whiplash, gets nanakacikwêpishin

white blood cells (leukocytes – blast cells) (white substance in the blood that helps fight invading germs)

kâ-wâpisicik mihkok kâ-mâshihtâmakak âhkosiwin

whooping cough, has osiskatâmow

Wilm's Tumor (tumor of the kidneys kâ-nitâwikihk kêkwân mitêhtikosok osâm that typically occurs in children), has

awâshish ê-itâspinêt

withdrawn, is môna sâpâtisow

womb, your kispayêw(a)

âkotêpaniw wretches

kipikicihcân(a) wrist, your



X-ray, gets an shâpwâpamâkaniwan

X-rays, gets barium shâpwâpamâkaniwan watâk

Y

yawns *nipâwiw*

yellow fever, has osâwipaniw

young man oshkinîkiw(ak)

young woman oshkinîkiskwêw(ak)

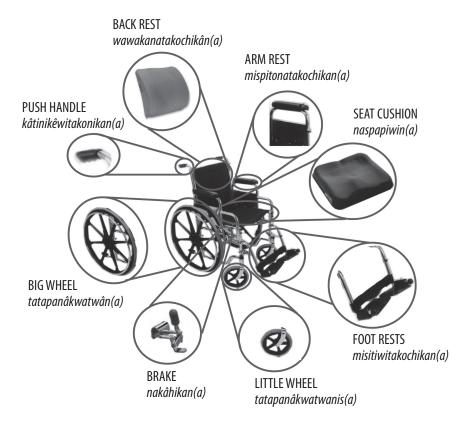
young woman with 1st period oshkinîkiskwêw nistam kâ-otitikot,

otôshkinîkiskwêwin

Z

zinc deficiency nôhtêpaniw Zinc-mîcim

WHEELCHAIR kâtinikêwitêtapiwin(a)



Numbers

- 1 pêvak
- 2 nîsho
- 3 nisto
- 4 nêyo
- 5 niyânan
- 6 nikotwâs
- 7 nîswâs
- 8 nivanonewo
- 9 shânk, kekât mitâhtat
- 10 mitâhtat
- 11 pêyakoshâp
- 12 nîshoshâp
- 13 *nistoshâp*
- 14 nêyoshâp
- 15 niyânoshâp
- 16 nikotwâsoshâp
- 17 nîswâsoshâp
- 18 niyânonêwoshâp
- 19 shânkoshâp
- 20 nîshitana
- 21 nîshitana pêyak
- 30 nistomitana
- 40 nêyomitana
- 50 nivânimitana
- 60 nikotwâsomitana
- 70 nîswâsomitana
- 80 nivânewomitana
- 90 shânkomitana
- 100 mitâhtatomitana
- 200 nîshomitâhtomitana

Place Names

Ft Severn Wâshahok
Ft Albany Pitapêk
Attawapiskat Âtawâpiskat
Keshechiwan Kishîchiwan
Moosonee Môsonî

Some Trees

birch washkwayâtik

ground spruce oskik black spruce sesekâtak oskâtak jackpine pine oskâtak poplar ininâtik tamarack wâkinâkan willow watospi cedar masakisk

