



CLASSIC FARE CATERING

2018



WE CATER FOOD THAT DELIVERS

- Introducing our new catering menu, including flavourful favourites and our new “better for you” options.
- Explore our new menu today. Be sure to revisit often as we bring you new items and choices throughout the year.
- Looking for something not on the menu? We will work with you to customize the catering to meet your requirements. Please be sure to inquire about the offerings in our cafeteria, including our Monday to Friday chef specials.
- We offer many catering options, including:
 - Buffet style hot options
 - Assorted platters
 - ****NEW** CATERING VOUCHER SYSTEM**

For catering inquiries please call 807-737-2877 ext. 4161.

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GENERAL INFORMATION

- Hours of operation : Monday to Friday from 8am – 4pm.
- For all internal catering clients please refer to the catering menu and the printable or electronic requisition forms located on the intranet under the Aramark forms.
- For external catering clients please contact the Dietary Supervisor at 807-737-2877 ext. 4161.
- 15% administrative fee will be applied to all external caterings.
- Additional labour fee will be applied to all external caterings.
- Prices do not include tax. HST will be applied to all external caterings.
- We are pleased to provide catering services after hours and on weekends. However, additional consultation is required to coordinate with food service department with at least two weeks notice in advance to coordinate with our chefs schedule.
- Cancellations less than 24 hours in advance will be charged a fee. Cost of fee is reviewed by management and dependent on event specifics.

NEW CATERING OPTION FOR INTERNAL CATERINGS

Cafeteria Catering Vouchers

- We have recently introduced a ****NEW**** catering option for internal caterings that allows your meeting participants the opportunity to visit our cafeteria and make a personal selection of the offerings by way of a voucher system.
- This allows your meeting participants to choose from a wide variety of options during different times of the day. They can make their choice based on their preferences, diet restrictions, & nutritional requirements.
- We only charge for the vouchers that are redeemed, which means less cost to your budget & less food will be wasted.
- We offer 3 different vouchers
 - Morning Break - choice of:
 - Beverage
 - Fruit, Muffin, Bagel, Toast, or English muffin
 - Lunch - choice of:
 - Beverage
 - Soup & Sandwich, Entrée Salad, Main Entrée or Chef Special
 - Fruit, Muffin, Yogurt, or Dessert
 - Afternoon Break - choice of:
 - Beverage
 - Fruit, Muffin, Yogurt, or Dessert
- Please contact Dietary Supervisor at ext. 4161 for additional information.

UNDER 10 PEOPLE FOR LUNCH?

- Looking for something for a smaller group of people?
 - Having a meeting with less than 10 participants?
 - Sandwiches/Wraps, Soup, Salad, Muffins, and Dessert are all available.
 - Varieties differ depending on the day.
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- Sandwiches - \$4.25 each
 - Soup - \$2.25 each
 - Salad - \$4.00 each
 - Muffin Selection- \$1.25 each
 - Dessert Selection – cakes, bars, pies - \$2.75 each



MORNING SELECTIONS

ALL SELECTIONS INCLUDE COFFEE & TEA SERVICE – PRICE PER PERSON
MINIMUM 10 PEOPLE REQUIRED

- Continental Breakfast Platter
 - A selection of freshly baked mini morning pastries including:
 - Mini Danish, mini cinnamon swirls, and mini scones, along with assorted breakfast condiments
 - one piece/person.....\$3.00
 - two pieces/person.....\$4.00
- Fresh Baked Muffins
 - Assortment of muffins
 - Varieties could include: golden raisin bran, carrot, lemon cranberry, morning glory, blueberry, summer berry, caramel coffee cake swirl
 - one muffin/person.....\$1.50
- Hot Breakfast Buffet.....\$16.00
 - **Minimum of 20 people required**
 - Scrambled eggs or boiled eggs, smoked bacon or breakfast sausage, whole wheat or white toast, assorted chilled juices
- ****NEW**** Fuel Up Protein Platter.....\$7.50
 - A healthy selection of snacks to give you energy to get you through your day **or** try it as an afternoon pick-me-up.
 - Includes: hard boiled eggs, trail mix, individual packaged cheese, melba toast, hummus, and fresh seasonal fruit (selection of fruit may differ due to market quality)
- Add chilled fruit juices.....\$1.99
- Add a selection of individual yogurts.....\$1.60
- Add a bowl of fresh whole fruit – choice of apples, oranges, and banana’s\$ subject to Market Pricing



LUNCH SELECTIONS

ALL SELECTIONS INCLUDE COFFEE & TEA SERVICE *OR* ASSORTED CANNED POP – PRICE PER PERSON
MINIMUM 10 PEOPLE REQUIRED

- Wedge Sandwich Platter.....\$4.00
 - Your choice of up to 3 varieties of classic wedge sandwiches
 - Varieties include: roast beef, tuna salad, turkey, egg salad, or chicken salad
 - Served on whole wheat and white bread
 - Half sandwich/person

- Wrap Platter.....\$5.00
 - Your choice of up to 3 varieties of wraps
 - Varieties include: **NEW** turkey cranberry, chicken bacon ranch, ham & cheese with honey mustard, egg salad, or **NEW** artisan vegetable with hummus
 - Served on whole wheat and white flour wraps
 - Half wrap/person

- ****NEW**** Create Your Own Sandwich Platter.....\$5.00
 - Introducing one of our new options which allows you to choose the bread, deli meat, vegetables, and condiments you want.
 - Varieties include: sliced turkey, sliced roast beef, egg salad, and chicken salad
 - An assortment of buns which could include: glazed split bun, multigrain curved butter croissant, ciabatta rolls, or French baguette
 - Equal to one/person



LUNCH SELECTIONS

ALL SELECTIONS INCLUDE COFFEE & TEA SERVICE *OR* ASSORTED CANNED POP

- Pizza – Minimum 2 Pizza's.....\$25.00 ea.
 - Our classic pizza selection, 16" pizza cut into 8 slices
 - Choose from: traditional pepperoni & cheese, deluxe, vegetarian, or BBQ chicken bacon
- ****NEW**** Flatbread Pizza – Minimum 6 Flatbreads.....\$60.00 for 6
 - Try our **NEW** selection of flatbreads
 - Choose from: vegetarian, buffalo chicken, or Philly cheesesteak
 - Each flatbread is cut into 3 pieces.
- Want to keep it a light lunch?
Try adding one of our side salads.....\$2.70
 - Choose from: tossed or Caesar
- Looking for something a little more hearty?
Why not add a soup to go along with your lunch? 8 oz.....\$2.25
 - Choose from: creamy tomato basil, chicken noodle, broccoli & cheese, garden vegetable, beef barley, or enquire about the soup du jour.





For a hearty addition to your meal or on its own choose one of our comforting soups

- Choice of: creamy tomato basil, chicken noodle, broccoli & cheese, garden vegetable, beef barley, or enquire about the soup du jour
- 8 oz.....\$2.25



For a lighter meal or an accompanying side choose one of our fresh made salads

- Choice of: Caesar salad or tossed salad
- Salad\$2.70
- Add sliced grilled chicken breast to your salad.....\$3.75

SOUPS & SALADS

PRICE PER PERSON - MINIMUM 10 PEOPLE REQUIRED

PLATTERS

- **Fresh Fruit Platter** - selection of fruit may differ due to market quality, or choose your variety from: strawberries, pineapple, cantaloupe, honey dew, or grapes
 - Small.....\$25.00
 - Medium.....\$50.00
 - Large.....\$75.00
 - Over 30 people pricing per person.....\$2.50
 - Fruit yogurt dip.....\$5.00
- **Fresh Vegetable Platter** - selection of vegetables may differ due to market quality
 - Small.....\$25.00
 - Medium.....\$50.00
 - Large.....\$75.00
 - Over 30 people pricing per person.....\$2.50
 - Ranch dressing.....\$5.00
- **Cheese & Cracker Platter** - selection may include: cheddar, Swiss, mozzarella, or Havarti
 - Under 10 people.....\$30.00
 - 10 to 20 people.....\$60.00
 - Over 20 people pricing per person.....\$3.00



- Hot Entrees are buffet style in chafers.
- Linen Services can be arranged with prior notice. We offer both rectangular and round tablecloths in black or grey, and white linen napkins.
- Looking for something not on the menu? We will work with you to customize the catering to meet your requirements. For catering inquiries please call 807-737-2877 ext. 4161 or email Be Marshall at marshallb@slmhc.on.ca
- Minimum 20 people required to order hot entrées.
- See page 15 for available sides and make your selections prior to submitting your order.

Be sure to inquire about the offerings in our cafeteria, including our Monday to Friday Chef Specials for added menu selections. As well as take advantage of our **NEW**** Cafeteria Catering Vouchers for casual events .**

HOT ENTRÉE BUFFET OPTIONS



HOT ENTREE

ALL SELECTIONS INCLUDE COFFEE & TEA SERVICE *OR* ASSORTED CANNED POP AND JUICE & DESSERT
PRICE PER PERSON

SEE PAGE 15 FOR AVAILABLE SIDES AND MAKE YOUR SELECTIONS PRIOR TO SUBMITTING YOUR ORDER

- Roast Beef with Au Jus.....\$16.50

- Classic beef roast. Slow roasted and served with au jus.
- Served with your choice of starch and vegetable.



- ****NEW**** Tomato Basil *or* Rosemary Garlic Pork Loin.....\$16.50

- Marinated pork loin with a unique tomato basil taste, or our classic rosemary and garlic seasoned pork loin.
- Served with your choice of starch and vegetable.
- Rosemary garlic pork loin is also available



- Stuffed Chicken Breasts.....\$15.50

- Choice of chicken Kiev, chicken cordon bleu, or chicken broccoli & cheese
- Served with your choice of starch and vegetable.



- ****NEW**** Noodle Bowl.....\$15.50

- Chicken breast strips or beef strips and Asian vegetables in your choice of sauce (Thai peanut, sweet chili, or honey garlic)
- Served with Asian noodles,



HOT ENTREE

ALL SELECTIONS INCLUDE COFFEE & TEA SERVICE *OR* ASSORTED CANNED POP AND JUICE & DESSERT
PRICE PER PERSON
SEE PAGE 15 FOR AVAILABLE SIDES AND MAKE YOUR SELECTIONS PRIOR TO SUBMITTING YOUR ORDER

- Triple Cheese Beef Lasagna.....\$14.00
 - In house made beef lasagna with 3 cheeses and spinach
 - Served with your choice of salad and garlic toast



- ****NEW**** Pasta Carbonara.....\$13.50
 - Creamy bacon carbonara sauce served over pasta
 - Served with your choice of salad and garlic toast
 - Add sliced grilled chicken breast.....\$3.75



- ****NEW**** Stuffed Peppers.....\$10.00
 - Bell peppers stuffed with a rice mixture and topped with cheese
 - Served with your choice of salad and garlic toast
 - Add sliced grilled chicken breast or ground beef...\$3.75



- Fusion Stir Fry.....\$11.00
 - Fresh vegetables sautéed and drizzled with Asian sauces
 - Served with your choice of rice (basmati or brown) & spring roll with plum sauce
 - Add sliced grilled chicken breast or beef strips...\$3.75



- **Sides Selection**

▪ Mashed Potatoes

▪ Steamed Baby Potatoes

▪ Basmati Rice

▪ Brown Rice

▪ Asian Noodles
- **Vegetable Selection**

▪ Baby Carrots

▪ Green Beans

▪ Broccoli

▪ Mixed Vegetables

▪ Corn
- **Salad Selection**

▪ Tossed

▪ Caesar

Add a dinner roll\$0.75 ea. .

- **Additional Beverages** **Prices Per Person**
- Regular & decaf coffee / tea\$1.65

▪ Chilled fruit juices.....\$1.99

▪ Canned regular & diet pop.....\$1.99

▪ Bottled water.....\$1.99



SIDE SELECTIONS & BEVERAGES

DESSERTS

- **Fresh Fruit Platter** - selection of fruit may differ due to market quality, or choose your variety from: strawberries, pineapple, cantaloupe, honey dew, or grapes
 - Small.....\$25.00
 - Medium.....\$50.00
 - Large.....\$75.00
 - Over 30 people pricing per person.....\$2.50
 - Fruit yogurt dip.....\$5.00
- **Cookie Platter**
 - Fresh baked cookies. Assorted varieties.
 - 1 piece/person.....\$1.75
 - 2 pieces/person.....\$3.00
- **Dainty Tray**
 - Selection of cakes
 - 1 piece/person.....\$2.00
 - 2 pieces/person.....\$3.50



DESSERTS

- Mini Cheese Cakes
 - 3 flavours included: triple chocolate, strawberry swirl, and crème brûlée
 - 1 piece/person.....\$1.00
 - 2 pieces/person.....\$2.00
- European Cake Bites
 - 4 flavours included: mango mousse, raspberry vanilla mousse, chocolate cranberry, & chocolate truffle
 - 1 piece/person.....\$0.75
 - 2 pieces/person.....\$1.50
- Cakes
 - Party Cakes:
 - Full sheet (serve 100 people).....\$105.00
 - Half sheet (serves 50 people).....\$75.00
 - Cake selections are as follows: chocolate, vanilla, marble
 - **party cakes includes coffee service**

European Cake Bites



WE LOOK FORWARD TO CATERING
YOUR NEXT EVENT

